



boat

boat
ENIGMA X400

Thank you for choosing the boAt Enigma X400.
Your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch.
Please read it thoroughly before using it for a smooth sail.
You may refer to these instructions for later use as well. .

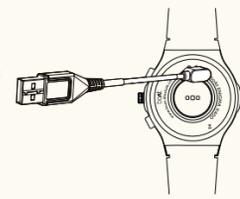
PACKAGE CONTAINS

- boAt Enigma X400 x1
- USB magnetic charging cable x1
- User Manual x1
- Warranty Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 2.5 hours to be fully charged.

Connect and charge the watch with the image below as a reference, using 5V/2A adapter.



TURNING THE WATCH ON/OFF

To turn the watch on/off, long-press the upper side button for 3-5 seconds.

You can wake up the screen by lifting your wrist.



CONNECTING TO THE APP

1. Download the boAt Wearables App on your phone. Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 8.0 and above) OR

Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt Wearables App; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on
3. Select Enigma X400 on the home screen of the app and click pair to connect.
4. Once connected, you will get an alert to connect with ENIGMA X400, click pair if need to receive or make calls from the watch
5. To use all features of your Enigma X400 seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt
6. Disable battery optimization



Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone.
- Make sure your Enigma X400 is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note: Synchronize data at least once every day to avoid data loss in the watch.



NAVIGATING THROUGH THE FUNCTIONS

PRESS SIDE KEY TO OPEN MAIN MENU

Call Menu

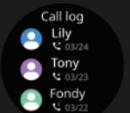
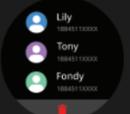
The Call Menu function allows you to manage your calls and access various calling features directly from your smartwatch.

Internal Features:

Contacts: The Contacts feature enables you to store and access a list of your contacts, making it convenient to make calls or send messages directly from your smartwatch. You can add Contacts in smartwatch from the Application.

Call History: The Call History feature lets you view and manage your call logs, including incoming, outgoing, and missed calls. You can easily track your communication history and access relevant call details.

Dial: The Dialer feature allows you to manually enter phone numbers and make calls directly from your smartwatch. It provides a quick and convenient way to initiate calls without relying on your smartphone.



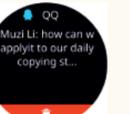
SWIPE DOWN FOR SHORTCUT MENU

You can access DND, Brightness, BT Call enable, Settings, etc.



SWIPE UP FOR NOTIFICATIONS MENU

You can check your calls, text messages, social media alerts, and other app notifications



SWIPE RIGHT/LEFT TO ACCESS ALL DATA

You can access daily Heart Rate monitor, Activity, Stress, SpO2 etc. You can also customise this shortcut by tapping on "+" icon



DOUBLE PRESS SIDE KEY TO CHANGE MENU STYLE

After opening the main menu, users can conveniently change the menu style on their smartwatch by simply double-pressing the side key.



Sports

The Sports function of your smartwatch offers an impressive array of over 100 sports modes, allowing you to track and analyze your performance across a wide range of activities.

Note: Sync your smartwatch to the app to get the detailed analysis



Records

The Sports Records feature in your smartwatch tracks and records your performance data, including distance covered, duration, calories burned, and other relevant metrics, for each sport you engage in. This feature allows you to monitor your progress and compare your performance across different sports activities, helping you stay motivated and improve your athletic abilities.



Activity

The activity tracking feature of your smartwatch allows you to monitor and record your daily activities, including steps taken, distance traveled and calories burned providing you with valuable insights into your overall physical activity level and helping you stay on track with your fitness goals.



Heartrate

The activity tracking feature of your smartwatch allows you to monitor and record your daily activities, including steps taken, distance traveled and calories burned providing you with valuable insights into your overall physical activity level and helping you stay on track with your fitness goals.



Note: Measurements are for reference only and not for medical purposes.

Stress

The simple stress monitoring feature of your smartwatch allows you to assess your stress levels throughout the day. By analyzing your heart rate variability and other relevant metrics, the smartwatch provides you with a stress score or indication of your current stress level. This feature helps you become more aware of your stress patterns and encourages you to take necessary steps to manage and reduce stress in your daily life. Please note that this feature is not a substitute for professional medical advice or diagnosis.



SpO2

The SpO2 monitoring feature of your smartwatch measures the oxygen saturation levels in your blood, providing valuable insights into your respiratory health and overall well-being. By monitoring your SpO2 levels, you can assess how well your body is absorbing oxygen.



Note: Measurements are for reference only and not for medical purposes.



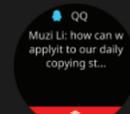
Breathe

The breathe feature on your smartwatch guides you through quick and calming breathing exercises, promoting relaxation and mindfulness. By following the visual prompts and gentle vibrations, you can take a moment to focus on your breath, reducing stress and finding moments of tranquility throughout your day. The breathe feature serves as a valuable tool for enhancing your well-being and promoting a sense of calm amidst the busyness of life.



Notifications

The notifications feature of your smartwatch keeps you informed and connected by delivering important alerts and messages directly to your wrist. Whether it's incoming calls, text messages, emails, or social media notifications, your smartwatch ensures that you never miss an important update. With a quick glance at your wrist, you can stay connected and stay in the know, all without needing to reach for your smartphone.



Alarm

The alarm function of your smartwatch ensures that you never miss an important appointment or wake-up call. You can easily set multiple alarms and choose the desired repetition options. Whether you need a gentle reminder or a more persistent alarm, your smartwatch has you covered, helping you stay punctual and organized throughout your day.



Music

Tap on the remote music control icon on your watch to play music from your phone.
Note: Some apps with different protocols might not work



Weather

With the weather feature on your smartwatch, you can stay informed about current weather conditions and forecasts at a glance. Whether you need to know the temperature, chance of rain, or general weather outlook, your smartwatch provides weather updates, keeping you prepared and allowing you to plan your activities accordingly.



Camera

The camera function on your smartwatch allows you to capture images using App. With a tap on your smartwatch, you can activate the camera and capture photos directly from your wrist. Whether you want to take a quick snapshot or document a special moment, the camera function offers a convenient way to capture images without needing to reach for your smartphone or a separate camera.



Find Phone

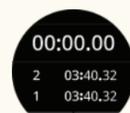
Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.



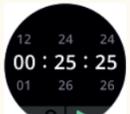
Stopwatch

The stopwatch function on your smartwatch allows you to accurately measure elapsed time for various activities. With a simple tap, you can start, stop, and reset the stopwatch, making it useful for tracking your workout session, timing tasks, or even monitoring your performance in sports events. The stopwatch feature provides a convenient and precise way to keep track of time on your wrist.



Timer

The timer function on your smartwatch allows you to accurately set and track countdowns for various purposes. Whether it's timing your workouts, cooking, or managing tasks, the timer feature helps you stay on track and alerts you when the set time has elapsed. With its user-friendly interface, the timer function is a handy tool to keep you organized and efficient in your daily activities.



World Clock

The world clock feature on your smartwatch allows you to conveniently keep track of time in different time zones across the globe. Using the companion app, you can easily set and customize world clock to display the current time in various cities or regions. Whether you're a frequent traveler or need to stay connected with friends and colleagues in different time zones, the world clock feature ensures you're always aware of the time wherever you go, helping you stay organized and coordinate with ease.



AI Voice

The AI voice assistant feature on your smartwatch allows you to interact with your device using voice commands. Simply speak your requests or questions, and the smartwatch's AI technology will provide you with helpful information, perform tasks, or assist with various functions.

Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.



Calculator

The calculator function on your smartwatch provides a handy tool for quick and convenient mathematical calculations. Whether you need to perform simple arithmetic calculations, the calculator on your smartwatch allows you to input numbers and obtain accurate results right on your wrist. It's a useful feature for on-the-go calculations, saving you the hassle of reaching for a separate calculator.



Calendar

Enjoy an exciting airplane battle game, where you can engage in thrilling aerial combat right on your smartwatch. Defeat enemy planes and test your skills in this action-packed gaming experience



Female Wellness

The menstrual tracking feature in the watch allows you to monitor your Fertile Window, Safety Zone, and Period Days throughout your cycle. You can customize these settings using the boAt Wearables App.



App QR

The App QR feature on your smartwatch simplifies the process of installing applications by utilizing QR codes. With this feature, you can conveniently scan QR code and download the corresponding applications directly to your smartwatch.



Settings

Smartwatches have become increasingly sophisticated, offering a multitude of settings features that allow users to personalize their experience. Let's explore some of the key settings commonly found in smartwatches:

Brightness: Smartwatches typically include brightness settings that allow users to adjust the display intensity according to their preferences and lighting conditions

Password: To enhance security, smartwatches often provide options to set a password or PIN.

DND: DND mode is a handy feature that enables users to silence notifications, calls, and alerts temporarily.

Language: Smartwatches usually support multiple language options. This feature enhances accessibility and usability for users around the world.

Menu Style: Smartwatches offer different menu style options to customize the user interface.

System: Smartwatches have power off, reset, and reboot features for device control and issue resolution.

Always ON: The AOD feature keeps the smartwatch screen constantly visible, even when not in active use.

Wrist Awake: The wrist awake feature detects the movement of the user's wrist and automatically turns on the display.

About: The "About" section in the settings provides essential information about the smartwatch. It includes details such as the device model, software version, and other hardware specifications.



PRODUCT PARAMETERS

Model	Enigma X400
Screen type	1.45" AMOLED Display
Battery capacity	390 mAh
Net weight	120g
Bluetooth version	V5.3
Working temperature	0-45°C
Charging time	Less than 2H
Working time	up to 2 days on with BT calling, up to 7 days on normal mode
Water Resistance	IP67
Frequency band	2402MHz~2480MHz

MAINTENANCE

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product. Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin. For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

FAQ

FAQ for the app to connect keeps failing

1. Keep the boAt Wearables app updated to the latest version
2. Close all the programs on the watch -> Stop and restart Bluetooth and GPS -> connect again
3. Check and enable notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above

My Watch Enigma X400 is receiving no alerts, texts, or phone calls

Make sure smart reminders on the app are on and synced to the Enigma X400. Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications. Make sure app is running in the background and battery optimization feature on the phone is disabled.

My Bluetooth keeps getting disconnected

1. Make sure there is not more than 7m distance between Bluetooth on the phone and the watch.
2. There is no obstacle in between the watch and the phone.
3. Make sure the app is running in background

Which functions of the Enigma X400 need Bluetooth to work?

Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, cloud and custom watch faces and Bluetooth calling need Bluetooth connectivity to work.

Will it be okay to take a bath wearing the Enigma X400?

The IP67 water resistance will only work under the following conditions:
(1) Maximum depth of water: 1.5m (2) Maximum time for exposure to water: 10 minutes
The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

SAFETY & PRODUCT INFORMATION

Battery

- Do not disassemble, bore or damage the battery.
- Do not disassemble the built in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

HEALTH WARNING

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.
- The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

- The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood pressure data is for reference only. We're not responsible for any deviation in data.
- Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

THINGS TO KEEP IN MIND

- Sync data everyday days to avoid data loss.
 - Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
 - Sports modes support up to 6 hours of exercise at a time.
 - Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
 - Keep your arm still while measuring data for accurate measurement.
- Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.**

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS. Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort you contribute to recycle valuable raw materials and treatment of toxic substances.