



boAt

LUNAR PRO LTE

Thank you for choosing the boAt Lunar Pro LTE as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.

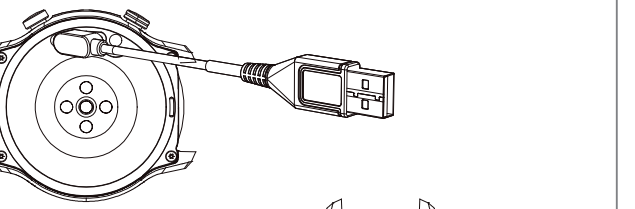
LUNAR PRO LTE USER MANUAL

PACKAGE CONTAINS:

- boAt Lunar Pro LTE XL
- USB Magnetic charging cable x1
- User Manual x1
- Warranty Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 2 hours to be fully charged. Connect and charge the watch with the image below as a reference, using a 5V/2A adapter.



TURNING THE WATCH ON/OFF

To restart or turn the watch on/off, long-press the upper side button for 3-5 seconds. You can wake up the screen by lifting your wrist.

CONNECTING TO THE APP

1. Download the boAt LTE app on your phone.



Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 7.0 and above) OR

Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt LTE app; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on.

3. Select Lunar Pro LTE on the app's home screen and click pair to connect.

4. Once connected, you will get an alert to connect with LUNARPROLTE_XXXX, click pair if need to receive or make calls from the watch

5. To use all your Lunar Pro LTE features seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.

6. Disable battery optimization



Note: To ensure connectivity throughout your journey, make sure the app is allowed to always run in the background of your phone.

CONNECTING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone.
- Make sure your Lunar Pro LTE is connected to the app.
- Synchronization will start automatically once you enter the app interface.

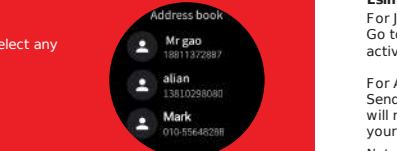
Note: Synchronization data at least once every day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

SHORT PRESS THE UPPER SIDE BUTTON FOR THE MAIN MENU

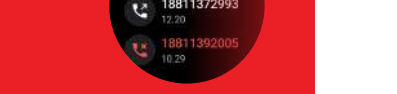
PHONE CONTACTS

Add up to 30 contacts from boAt LTE app. You can select any contact to directly dial from the watch.



Recent calls

You can find recently received, missed, and outgoing call logs in the recent calls of the watch.



Health

To use the BT Calling feature, open the boAt LTE app and pair the watch.

Once paired you will get the pop-up on the app home screen to connect with the Phone's Bluetooth.

Click on "pair" to connect with the phone's Bluetooth. Alternatively, you can go to the phone's Bluetooth settings and pair "LUNARPROLTE_XXXX" to start the calling feature on your watch.

*Note: Enable call alerts from the setting to get calls on the watch

Esim

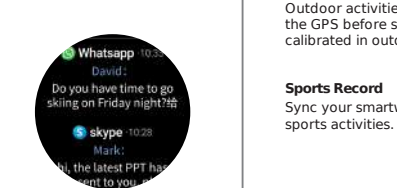
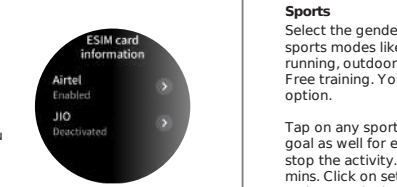
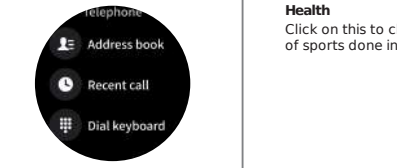
For Jio users, Go to the Jio store, ask for the e-sim activation. Once e-sim is activated, scan the QR code to activate e-sim on the watch.

For Airtel users, Send the email to Airtel from your registered email address, you will receive a QR code. Scan the QR code to activate e-sim on your watch.

Note: This is for a new sim activation and not for duplicating your existing number.

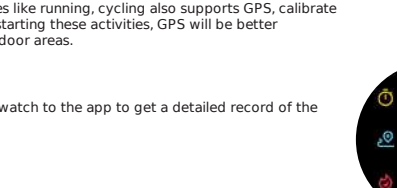
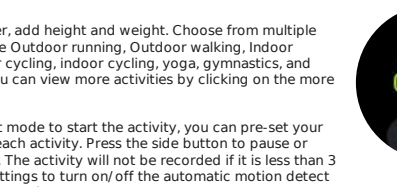
SMS

Tap on this icon to check your messages.



Health

Click on this to check your daily activity data like step count, HIIT, no. of sports done in a day



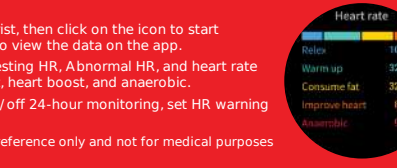
Heart Rate Monitor

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

You can also check your Resting HR, Abnormal HR, and heart rate data like Warm up, burn fat, heart boost, and anaerobic.

Swipe left to Settings to on/off 24-hour monitoring, set HR warning and exercise HR warning.

Note: Measurements are for reference only and not for medical purposes



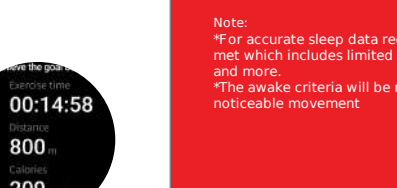
Sleep Monitor

Tap on the icon to review the sleep data of the previous night. Once the asleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day.

Once you lie down and the watch detects no movement for 30 minutes, it will start recording and will stop recording if it detects excessive movement.

You can check sleep distribution, sleep heart rate, and sleep oxygen by swiping left. You can also schedule sleep time, exclude monitoring time, and 24hr heart rate and blood oxygen monitoring.

Note: *For accurate sleep data recording, the asleep criteria have to be met which includes limited movement, wrist positions and angles, and more. *The awake criteria will be met only after it records some noticeable movement



Sleep Monitoring

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

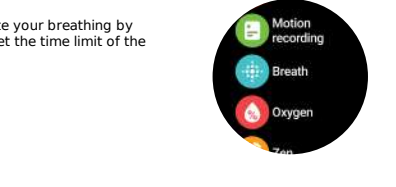
You can also check the blood oxygen for the week, turn on/off the monitoring, and abnormal blood oxygen reminders.

Note: Measurements are for reference only and not for medical purposes.



Breathing

Click on the breathing icon to regulate your breathing by doing breathing exercises. You can set the time limit of the exercise.



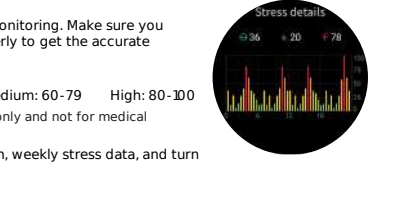
Blood Pressure

Click this option to start the stress monitoring. Make sure you wear your watch on your wrist properly to get the accurate results.

Analysis of the measurement is: Normal: 30-59 Medium: 60-79 High: 80-100

Note: Measurements are for reference only and not for medical purposes.

You can also check stress distribution, weekly stress data, and turn on/off the 24-hour monitoring.



Calculator

Tap on this icon to do all the calculations in your smartwatch.



Blood Pressure

Click this option to start the stress monitoring. Make sure you wear your watch on your wrist properly to get the accurate results.



Flashlight

Tap on this to turn your dial into a flashlight.



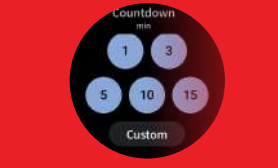
SpO2 monitoring

Click this option to set and turn on the countdown.



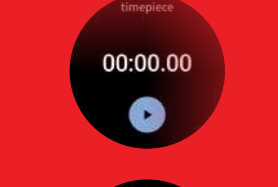
Countdown

Tap on this to set and turn on the countdown.



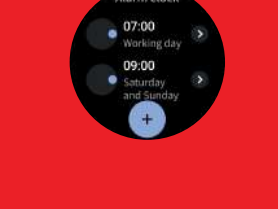
Stopwatch

Click on this to start the stopwatch on your watch.



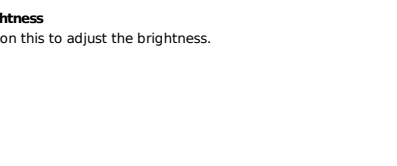
Alarm clock

Tap on this to set an alarm on your watch.



Notifications

Adjust notification settings from here.



SETTINGS

SCREEN DISPLAY

Watch Faces

Tap on this icon to change your watch face.



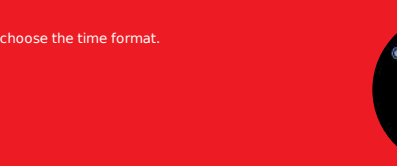
Wake on wrist raise

Tap on this to enable the wake gesture.



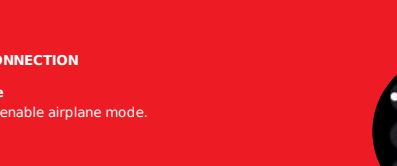
Brightness

Tap on this to adjust the brightness.



Always on Display

Click on this to enable always on display. Note: Battery will drain very quickly once enabled



Screen time

Tap on this to adjust the screen time.



Time format

Tap on this to choose the time format.



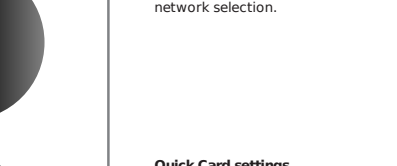
Airplane Mode

Tap on this to enable airplane mode.



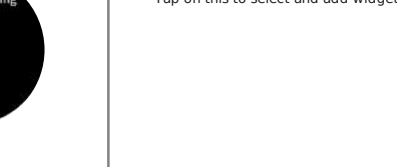
Network Connection

Tap on this to enable airplane mode.



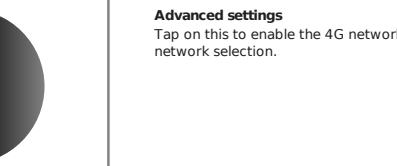
Bluetooth

Tap on this to pair nearby audio devices with the watch



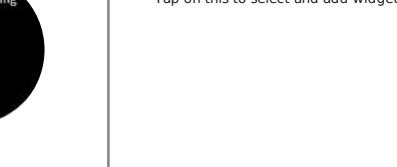
Mobile network

Tap on this to enable intelligent network, mobile data, and international roaming.



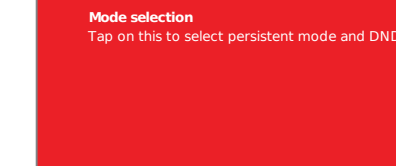
ESIM

Tap on this for information regarding the esim.



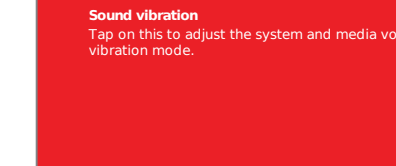
ESIM Assistant

Tap on this to activate esim



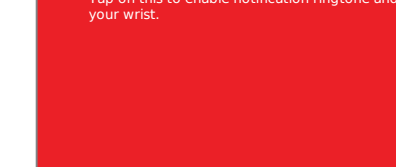
Advanced settings

Tap on this to enable the 4G network and choose network selection.



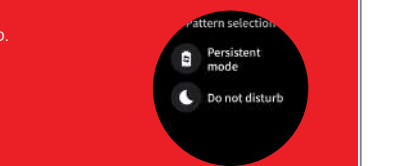
Quick Card settings

Tap on this to select and add widgets in quick view.



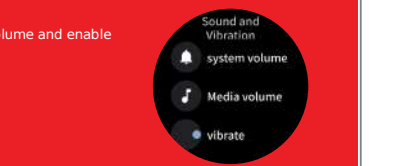
Mode selection

Tap on this to select persistent mode and DND.



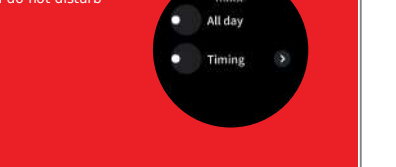
Sound vibration

Tap on this to adjust the system and media volume and enable vibration mode.



Apps notification

Tap on this to enable notification ringtone and do not disturb your wrist.



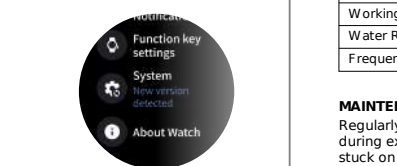
FUNCTION KEY SETTINGS

Tap on this to activate esim



About

Shows the device details.



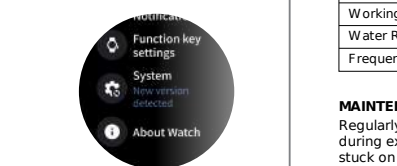
Swipe down for the shortcut menu

You can access brightness, flashlight, volume, Bluetooth, Esim DND, vibration, and settings.



Swipe left or right to access all data.

You can access heart rate, daily activity, sleep, weather, and sports.



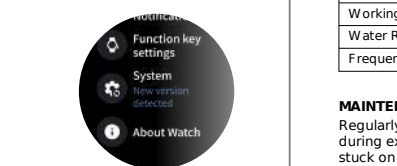
Swipe up to access notifications

You can check the notifications from here.



Short press the bottom button to access sports mode

You can access sports mode from here.



PRODUCT PARAMETERS:

Model	boAt Lunar Pro LTE
Screen type	1.39" AMOLED display
Battery capacity	480mAh
Net weight	38.5g
Bluetooth version	BT v5.2
Working temperature	-0° - 50°C
Charging time	2h
Working time	5 days
Water Resistance	IP68
Frequency band	No

MAINTENANCE:

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

FAQ:

Search for the app to connect keeps failing

1. Keep the boAt LTE app updated to the latest version
2. Close all the programs on the watch → Stop and restart Bluetooth and GPS → Connect again
3. Check and enable notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above.

My Watch Lunar Pro LTE is receiving no alerts, texts, or phone calls.

Make sure smart reminders on the app are on and synced to Lunar Pro LTE. Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications. Make sure app is running in the background and battery optimization feature on the phone is disabled.

My Bluetooth keeps getting disconnected

1. Make sure there is not more than 7m distance between Bluetooth on the phone & the watch.
2. There is no obstacle in between the watch and the phone.
3. Make sure the app is running in background.

Which functions of Lunar Pro LTE need Bluetooth to work?

Call & Text Notifications, Find My Phone, remote control, camera control, weather forecast, cloud and custom watch faces and needs Bluetooth connectivity to work.

Will it be okay to take a bath wearing Lunar Pro LTE?

The IP68 water resistance will only work under the following conditions:
(1) Maximum depth of water: 15m (2) Maximum time for exposure to water: 30 minutes
The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

SAFETY & PRODUCT INFORMATION

Battery

- Do not disassemble, bore or damage the battery.
- Do not disassemble the built in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

Health Warning

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.

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The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood pressure data is for reference only. We're not responsible for any deviation in data.

Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

Things to keep in mind

- Sync data everyday days to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents & other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.