

Thank you for choosing the boAt Enigma R32 as your

PACKAGE CONTAINS

User Manual x1

TURNING THE WATCH ON/OFF

• Warranty Card x1

fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.

as a reference, using 5V/2A adapter.

CONNECTING TO THE APP Download the boAt Smartwear app on your phone. Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 7.0 and above) OR

or make calls from the watch access' system prompt. 6. Disable battery optimization

any contact to directly dial from the watch. **Call Records** You can find recently received, missed, and outgoing call logs in

Voice Assistant

the recent calls of the watch.

command from the watch.

Note: Make sure the watch is connected with the app.

Workout

Heart Rate Wear the watch on your wrist and measure the heart rate data. You can also view the data on the app. Note: Measurements are for reference only and not for medical purposes Sleep Tap on the icon to review the sleep data of the previous night.

your activities.

Messages

Stopwatch

music from your phone.

*Note: Some apps with different protocols might not work.

Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it. Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work **SETTINGS** Menu Style

Find My Phone

Change the menu style from here.

Voice assist

DISPLAY Watch Face Switch

Raise to Wake **Battery** Vibration Intensity

or turn off the vibration.

Language

QR Code

smartwatch.

from here.

SYSTEM

System Info Shows the device details. Shut down Restart Tap on this to reset watch data

Regulatory Information

Shows the device's regulatory details.

You can check all the messages from here.

MODEL

BATTERY CAPACITY BLUETOOTH VERSION WORKING TEMPERATURE CHARGING TIME

WATER RESISTANCE FREQUENCY BAND

Search for the app to connect keeps failing. 1. Keep the boAt Smartwear app updated to the latest version 2. Close all the programs on the watch \rightarrow Stop and restart Bluetooth and GPS \rightarrow Connect again close contact. My Watch Enigma R32 is receiving no alerts, texts, or phone calls. Make sure smart reminders on the app are on and synced to Enigma R32 Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications. Make sure app is running in the background and battery optimization feature on the phone is disabled. My Bluetooth keeps getting disconnected. 1. Make sure there is not more than 10m distance between Bluetooth on the phone and the watch. 2. There is no obstacle between the watch and the phone. 3. Make sure the app is running in the background.

3. Check and enable the notification functions of your phone and keep the phone and watch in

SAFETY & PRODUCT INFORMATION Battery • Do not disassemble, bore or damage the battery. • Do not disassemble the built-in batteries of non-replaceable battery devices.

your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate. designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate data are for reference only. We're not responsible for any deviation in data. \bullet Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin,

Health Warning

CHARGING THE WATCH The smartwatch must be charged before initial use. It takes up to 2 hours to be fully charged. Connect and charge the watch with the image below

• boAt Enigma R32 x1

• USB magnetic charging cable x1

To turn the watch on/off, long-press the upper side button for 3-5 seconds. You can wake up the screen by lifting your wrist. Scan [QR CODE] (Also available on the watch) 2. Connect the device with the boAt Smartwear app; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on Select Enigma R32 on the home screen of the app and click pair to connect. 4. Once connected, you will get an alert to connect with ENIGMAR32_BT, click pair if need to receive

5. To use all features of your Enigma R32 seamlessly, tap on 'yes' to the 'connection' and 'grant GET IT ON App Store Google Play Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times. SYNCING YOUR SMARTWATCH TO THE APP **Data Synchronization** Open the app on your phone. Make sure your Enigma R32 is connected to the app. Synchronization will start automatically once you enter the app interface. Note: Synchronize data at least once every day to avoid data loss in the watch

NAVIGATING THROUGH THE FUNCTIONS

Short Press the Side Button for the Main Menu

Dial Use a dialer to dial any number from the watch. **Contact Person** Add up to 10 contacts from boAt Smartwear app. You can select

Activity Data Click on this to check your daily activity data like step count, calorie and distance covered. Choose from multiple sports modes like Walking, Running, Mountaineering, Riding, Basketball, Badminton, Football, Elliptical, Yoga, Table tennis, Rope skipping, Tennis, Baseball, Rugby, Hula hoop, Golf, Long jump, Sit-ups, and volleyball. Tap on any sport mode to start the activity, and the watch will start recording the duration of the activity. Swipe right or short-press the side button to pause or stop the activity. The activity will not be recorded if it is less than 5 mins.

Sync your smartwatch to the app to get a detailed record of

Tap on this to enable the voice assistant feature and give the

Once the asleep criteria are met, your smartwatch will start recording from 9 pm at night to 11 am in the morning the next Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement. You can check the data on the app only after the awake criteria You can also track sleep scores on the boAt Smartwear app. For accurate sleep data recording, the sleep criteria have to be met which includes limited movement, wrist positions and angles, and more *The awake criteria will be met only after it records some noticeable movement. **Blood Oxygen** Wear the watch on your wrist and measure the SpO2. You can also view the data on the App. Note: Measurements are for reference only and not for medical purposes.

Weather Connect with the boAt Smartwear app to get daily weather updates on the watch.. Women Health Enable and set the details on the boAt Smartwear app and get alerts of your period and ovulation dates on the watch. Music

Tap on the remote music control icon on your watch to play

From the main screen just scroll up to check your messages

Click on this to start the stopwatch on your watch. Timer Tap on this to turn on the timer. Alarm clock Tap on this to set an alarm on your watch from the Smartwear app.

Brightness Tap on this to adjust the brightness. Screen Time Adjust the screen time out from here. Enable this feature, to adjust the wake time.

Select and change the watch faces from here.

Tap on this to switch your watch off.

Tap on this and scan the bar code from mobile to connect the

You can enable the password option or change the password

SWIPE LEFT TO ACCESS ALL DATA You can access daily activity, heart rate, phone and sleep. You can also customize the data according to your preferences. SWIPE RIGHT TO ACCESS WIDGET CONTROL You can access the widget control feature from here.

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin. For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then

Which functions of Enigma R32 need Bluetooth to work? Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, cloud and custom watch faces and Bluetooth calling need Bluetooth connectivity to work. Will it be okay to take a bath wearing Enigma R32? The IP67 water resistance will only work under the following conditions: (1) Maximum depth of water: 1m (2) Maximum time for exposure to water: 30 minutes The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

immediately stop using the watch and consult the doctor. Things to Keep in Mind Sync data everyday days to avoid data loss. • Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty. • Sports modes support up to 6 hours of exercise at a time. • Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry. • Keep your arm still while measuring data for accurate measurement. Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

Tap on this icon to enable power saving mode. Tap on this icon to adjust the vibration intensity to soft, strong Tap on this icon to set the language.

Current battery 65%

Power saving mode

Off

Soft

Strong

English

Italiano French

1

4

5

8

System info

ENIGMAR32 BT

DA:FA:BC:D6:99:DC V1.04 13E5

Slide to power off

Reset

Factory reset will be lost Personal data

IS 13252(Part 1):2010/

0

Language

0

0

3

SWIPE UP TO ACCESS THE MESSAGES SWIPE DOWN TO ACCESS THE SHORTCUT MENU You can access DND, Brightness, Settings, and Phone.

PRODUCT PARAMETERS

Enigma R32 1.32" HD Display

MAINTENANCE the other end of the product. follow the above procedure. FAQ

• Do not use sharp objects to remove the battery. doctor before using the heart rate monitor of the watch. blinking light sources, please consult your physician before wearing this device. oxygen el mor

CAUTION

• If you are wearing a pacemaker or other implanted electronic devices, please consult your \bullet The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to • The device tracks your daily activities through sensors. This data is intended to tell you about

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and treatment of toxic substances.

Jack Youna 13426780900 Tap the voice ball to ask again 22608 Step **463** Kcal 9 3.08 km

Walking

Running

Climbing

01:06:28

088 Bmr **22608** La

134 2678 5360

095 вмя

Menstrual period 01:06:28

> 18:01 22608 Step 463 Kcal 3.08 km

ENIGMA R32 boat