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NOISE Colorfit Pro 3 Smartwatch User Manual

Colorful Pro 3
Please refer to this manual before using the product

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Charging the ColorFit Pro 3 Smart Watch

Before using your ColorFit Pro 3 for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a full charge, ColorFit Pro 3 can last up to 10 days.
Note: The battery life and time to fully charge your device may vary as per usage and other factors.
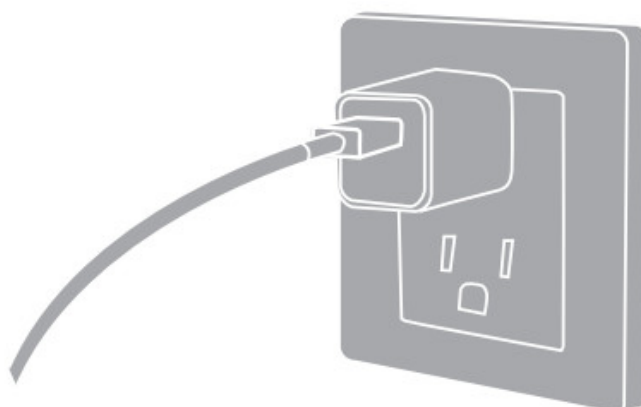
To charge ColorFit Pro 3

- Plug the USB cable into a power adaptor. Plug the power adaptor into an electrical socket. (Power adaptor not included)
- Place your watch on the charging dock as shown below

- While your watch is charging, the screen will show the time, day, date, battery percentage, and charging progress (indicated by the edge of the watch face)
- Once the battery is fully charged, remove it from the charging dock
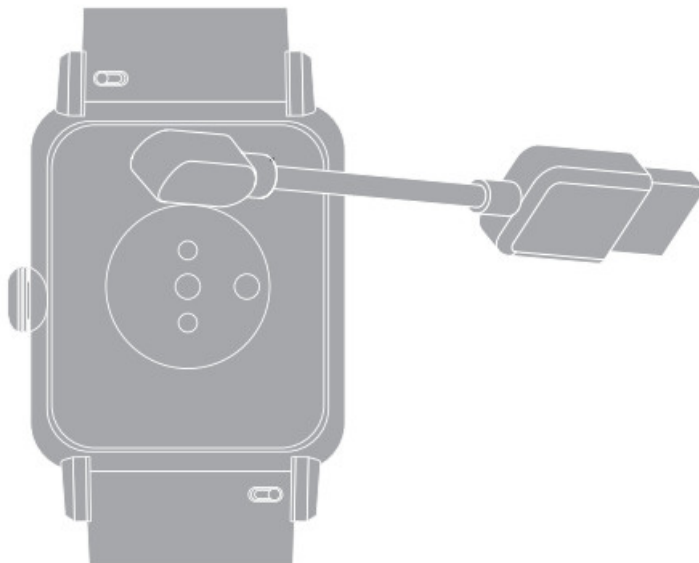
Power On

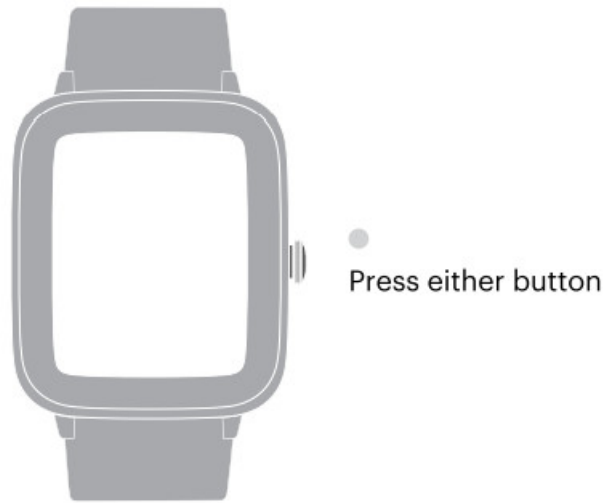Press and hold the side button for a few seconds to power on and off the watch.

Power Off

Go to setting. Select power off and choose to power off.


Waking Up the Watch
To preserve the battery, the watch screen turns off when not in use. To turn the screen back on, you can wake up the watch by:

- Pressing the side button
- Turning on the wrist sense

Press either button

Watch Navigation

The colorful Pro 3 Smart Watch has a TFT Colour touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down, pressing the side button.

→ Apps installed

↑ Quick settings menu
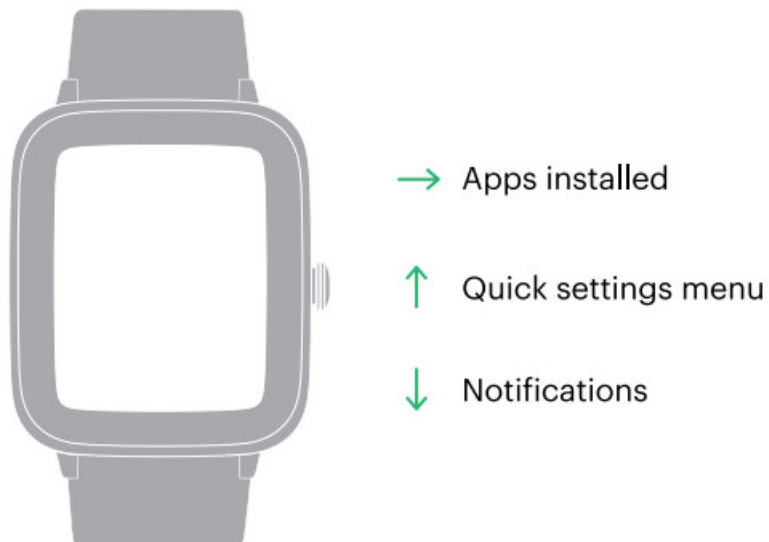
↓ Notifications

Home Screen Navigation

The home screen is the watch face. From the home screen:

- Swipe left or right to access shortcuts.
- Swipe up to go to the quick settings menu.
- Swipe down to check your message notification.

Button Navigation

- Press the side button to turn on the watch display.
- Press the side button again to go to the main menu.

Press once

Setup

Before pairing, make sure that your smartphone and smartwatch are next to each other.
The app will ask for personal information such as height, weight, and sex to calculate your stride length, distance covered, calorie burn rate, and metabolic rate. When you set up your account, your name and profile picture will be visible to other users.

- Turn on Bluetooth and the location on your mobile
- On your smartphone, download the NoiseFit app from the Play Store or the App Store and install it.
- Create an account or login using an existing account.

Note: Ensure that your smartphone is running on Android 4.4+ or iOS 9 + and is connected to mobile data or a Wi-Fi network.

http://www.youduoyun.com/q/1000006.html

Pair the Watch

- Open the NoiseFit app and allow the Bluetooth and GPS positioning to be turned on.
- Feed-in your personal information and health goals in the app.
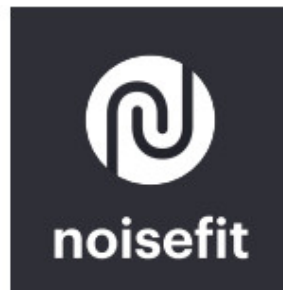- Go to the 'Add Device' page in the app, select the device type and link the watch.

Watch Features

Watch Face
You can switch between different watch faces in the watch, choose and download cloud-based or you can create your own watch faces in the NoiseFit app.

Changing the Watch Face
Give your screen a personalized style by changing or customizing the watch face from the NoiseFit app or the watch.

On the Watch
Touch and hold the home screen. Swipe and choose from the watch faces.

In the App
Go to watch faces, select the watch face of your choice and tap save to change the watch face.

↔
Swipe left or right
to change watch faces

Touch and hold the
watch face

↔
Swipe left or right
to change watch faces

Daily Activity
You can check your daily activity progress in terms of the steps taken, distance covered, calories burned, and time duration.


Heart Rate
Colorful Pro 3 supports 24/7 heart rate tracking. You can select the measurement frequency in the app settings. To measure your heart rate in real-time, go to the Heart Rate monitor and tap on the heart (icon). You can view the all-day data on the watch and app. Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

Stress Levels

colorful Pro 3 supports 24-hour stress level measurement and viewing of all-day measurement data.
To measure the stress levels in real-time, go to the Stress Level feature and wait for it to measure. Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.
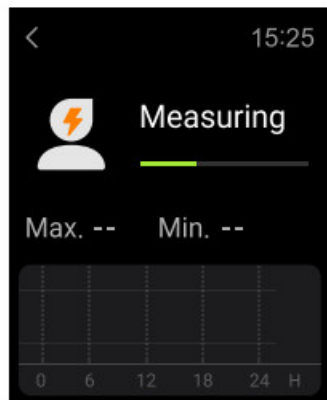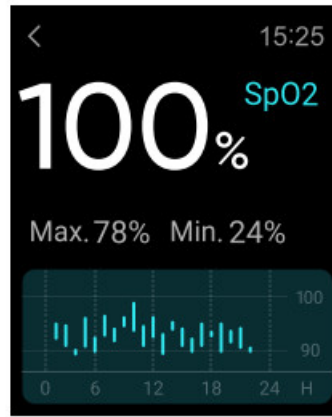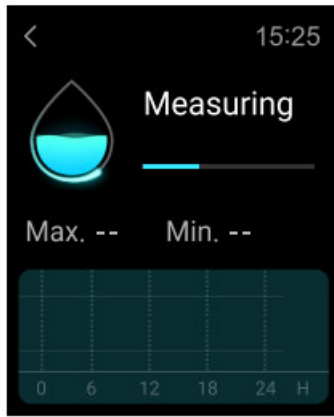

Blood Oxygen
colorful Pro 3 supports viewing of the highest and lowest values of Blood Oxygen level of the day and the measurement data throughout the day.
To measure your blood oxygen level in real-time, go to the Blood Oxygen monitor and let it measure.
Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

Breathe

The Breathe feature helps you adjust your breathing rhythm at your convenience. You can choose from 3 levels (rapid, normal and slow) to adjust your breathing duration. Go to the Breathe feature, choose the time duration or the levels and tap on start to enter the cycles of breathing and inhalation.

Note: During this period, if you swipe right or press a button, breathing is interrupted and you can choose to practice again or complete the cycle.
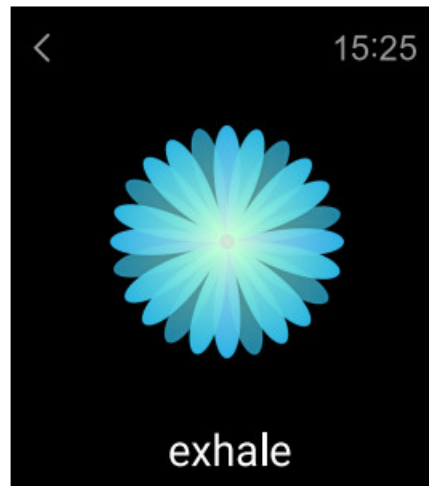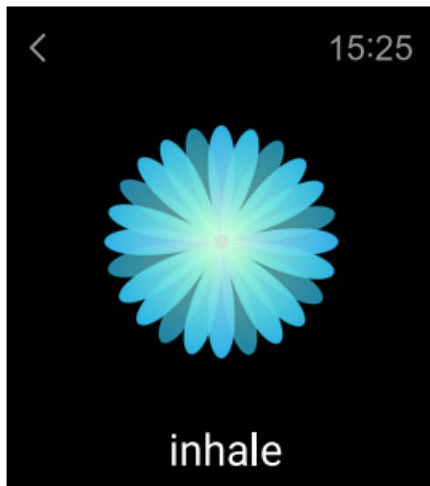

Sleep Monitor

You can view your most recent sleep record and a display of your sleep quality in various sleep stages in the NoiseFit app.

The feature will measure the device records of the user's REM cycles, sleep states (light sleep and deep sleep), and wake time.
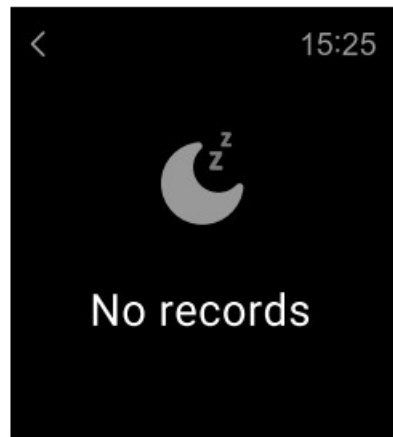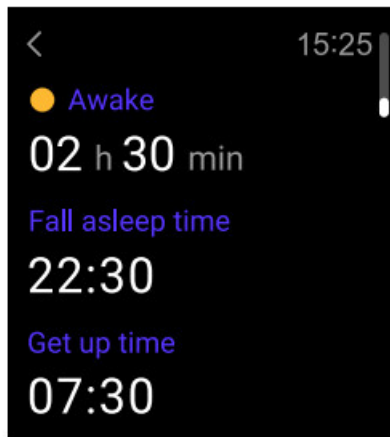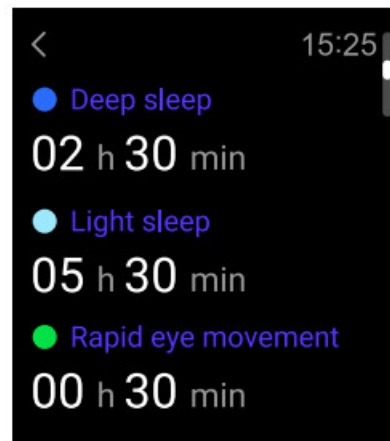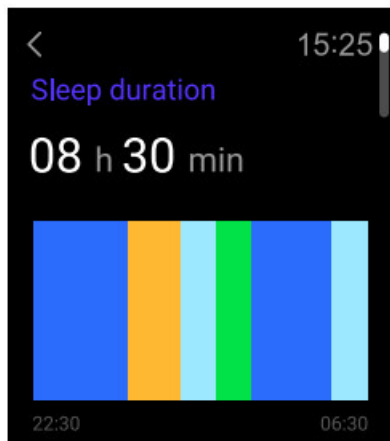
Weather

colorful Pro 3 supports three-day weather viewing in a location of your choice. You can view today's current weather and for the next two days. Open the Weather app on your watch and change the location to see the weather of your current location.
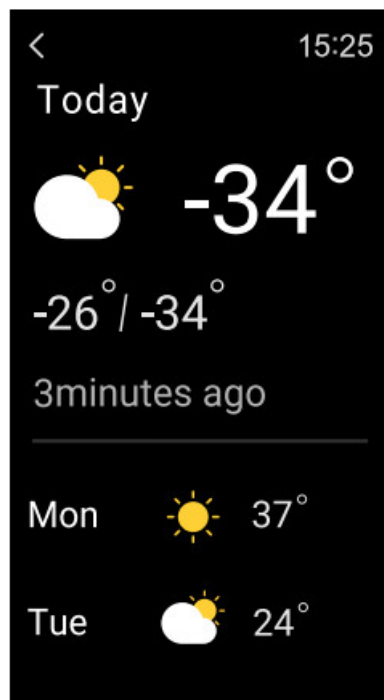
Music

You can control your favorite songs and podcasts that play from your phone, right on your wrist as long as the watch is connected with the NoiseFit app in your phone. You can play/pause music, go to the next/previous track and increase/decrease volume.
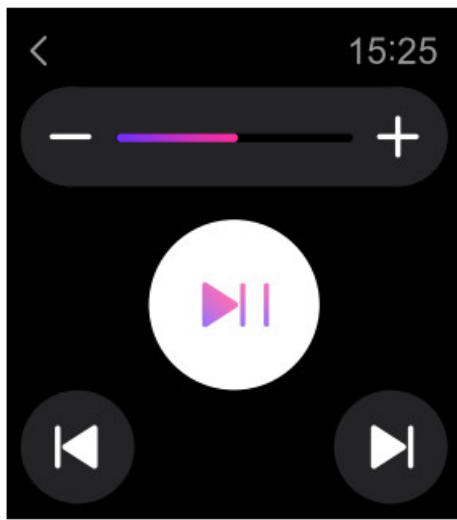
Timer

You can set a timer with a pre-set duration on the watch and the timer will remind you when the time is up.
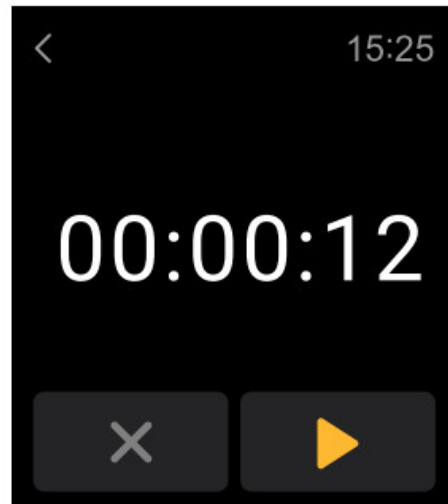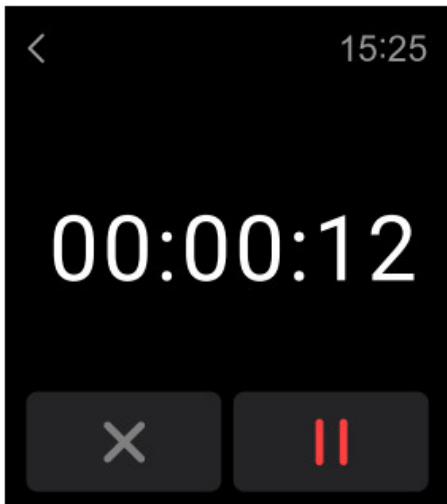
Alarm

You can add, delete, and enable/disable alarms on the watch. You can set alarms in the NoiseFit app and they'll sync with the watch. You can also label alarms to identify them.
You can set snooze durations and the number of snoozes in the app.
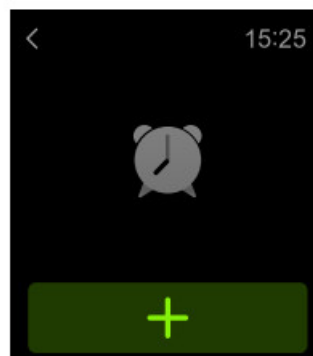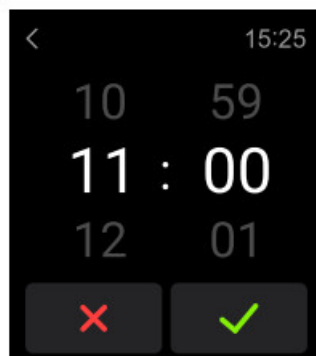
Stopwatch

A stopwatch can be set on the watch. You can also set lap times in the stopwatch.
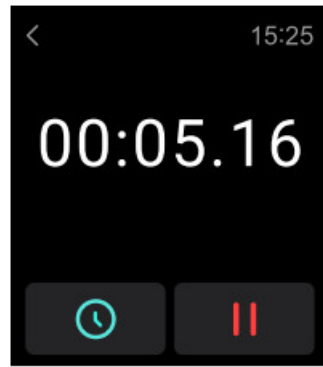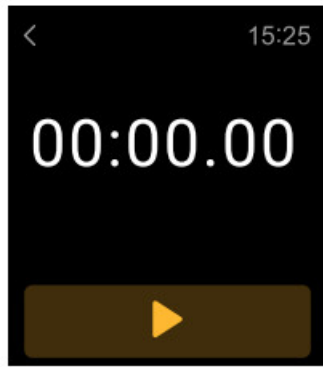
Exercise Records

You can view your most recent 50 exercise records on the watch, including detailed exercise data. You can also view the exercise records in the app.
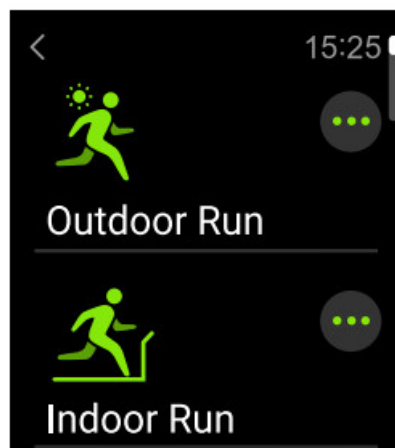
Find Phone

You can make your phone ring using the watch when the watch is connected to the app.
Click the icon to stop the ringing.
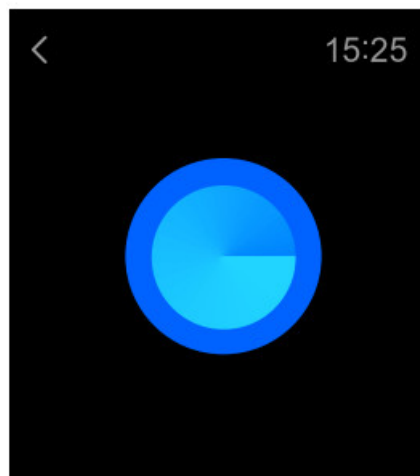
Quick Settings

You can swipe from the watch's home screen to gain Quick Settings access.

- Wrist Sense
- Do not disturb
- Brightness
- Find my phone
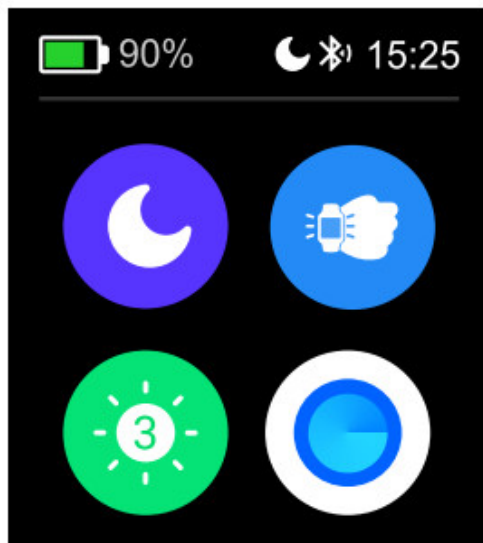
You can set the watch brightness and screen timeout duration on the watch. You can also set a switch to reduce the brightness at night.

Device Information and Tips

Device Information

The colorful Pro 3 Watch contains the following:

- TFT display
- Blood oxygen monitor
- Stress monitor
- 5ATM waterproof
- 14 sports modes
- 22mm quick-change pins

The colorful Pro 3 smartwatch stores your activity data for up to 10 days in between the time you sync your watch to the NoiseFit app. Activity data includes your steps, distance, calories, active minutes, heart rate, sleep duration and workout data. We recommend syncing the watch to the App daily.

Tips

How do I update my ColorFit Pro 3?

You can update your ColorFit Pro 3 via the NoiseFit app. Go to My Profile and select Check for updates.

How do I find my watch's current firmware version?

You can find the watch's current firmware on the watch. Go to Settings on the NoiseFit app. Select Device information, choose to Check for updates and update if any update is available.

How do I save the battery?

Follow these simple steps to save ColorFit Pro 3's battery.

- Minimize the screen brightness
- Limit the notification you receive from the NoiseFit app.

How does the watch estimate how many calories have been burned?
colorful Pro 3 estimates how many calories you've burned based on the physical data you entered when you set up your account.

How do I change my activity goals?
You can do it through the NoiseFit app. Go to My Profile. Go to Setup and select My Objectives. Change your goals and confirm.

How do I log my weight?
You can log in your weight the first time you set up your NoiseFit app. However, you can update the weight later via the NoiseFit app. Go to My Profile, select Personal Information, and change or update your weight. You can update your birthday, height, country, and email id as well.

Disposal and Recycling Information
Electrical and electronic devices may not be disposed of with domestic waste. Consumers are obliged by law to return the electrical and electronic device at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. By recycling, reusing the materials, or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

Regulatory and Safety Information

USA: Federal Communications Commission (FCC) Statement
This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions:
This device may cause harmful interference, and this device must accept any interference received, including interference that may cause undesired operation.
Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this 76 equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help

In some cases, prolonged use of products may cause skin irritation. Prolonged contact may contribute to skin irritation or allergies in some users. To reduce the possibility of irritation, keep the watch and watchband clean and dry. Don't wear it too tight and give your wrist a rest by removing the watch after an extended period of wear. If you

feel soreness, tingling, numbness, burning, or stiffness in your hands or wrists while or after wearing the watch, please immediately discontinue use.

The colorful Pro 3 Watch is not a toy. The watch contains small components that could be a choking hazard and are not intended for use by small children or pets. Unless otherwise specified, devices and services are not medical devices and are not intended to diagnose, treat, cure or prevent any disease. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices is not intended to be equivalent to medal devices or scientific measurement devices.

Safety Instructions

- Do not disassemble the battery on your own.
- Do not expose ColorFit Pro 3 to extremely high or low temperatures.
- The excessive temperature during charging could cause heat, smoke, fire or deformation of the battery or even explosion.
- Charge the battery in a cool, ventilated room.
- Do not open, crush, bend, deform, puncture or shred secondary cells or In the event of a battery break or leak, prevent battery liquid contact with skin or eyes. If this happens, immediately flush the areas with water (DO NOT RUB THE EYE) or seek medical help.
- Keep the batteries out of children's reach and in a safe place to prevent danger.
- Do not place the batteries in the water.
- Do not short-circuit. Short-circuiting may damage the battery. Short-circuiting can occur when a metallic object, such as coins, causes the direct connection of positive and negative terminals of the battery.
- Do not use your product in a sauna or steam room.
- Do not dispose of batteries in the fire as that may cause an explosion. Dispose of used batteries in accordance with your local Do not dispose of it as household waste.
- Use only the charging cable supplied to charge the battery. Do not charge for more than 24 hours.
- Do not attempt to repair or maintain the watch yourself, service and maintenance should be performed by authorized technicians only. Any device failure should be referred to our after-sales service personnel.
- To prevent device damage, accessory damage, and device failure, always protect the device against strong impact or shock.

Customer Support

If you experience any problems with the watch, it may be fixed by restarting your watch.
Please get in touch with our Customer Care Team at +91 88-82-132-132 or just drop an email at **support@nexxbase.com**
For more information, visit us online at **www.gonoise.com**

Documents / Resources

	NOISE Colorfit Pro 3 Smartwatch [pdf] User Manual Colorfit Pro 3, Smartwatch