

## SMARTRING GEN 1



boat

## SMARTRING GEN 1

Thank you for choosing the boAt Smartring Gen 1 as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smart ring. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.



## PACKAGE CONTENTS

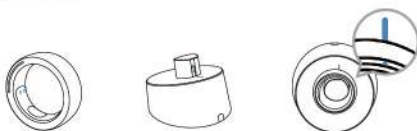
- 1x Smartring Gen 1 x1
- 1x Dock Charger
- 1x User Manual
- 1x Warranty Card

## CHARGING THE SMART RING

The smart ring must be charged before initial use. Connect the charging Dock to the USB port, then put the ring on the charger, as shown in the image below.

The ring will flash red light for 10 seconds to indicate charging. Once the smart ring is fully charged, it will flash a green light.

*Note: The red light will turn off immediately if not connected properly to the charger.*



## CONNECTING TO THE APP

1. Download the app on your phone. Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 8.0 and above)



OR

Scan [QR CODE]

2. Activate automatically by placing the ring on the charging base. (Every time you bind the ring, you need to put it on the charging seat, **Keep it charged**)
3. Connect the device with the app; ensure that the phone's Bluetooth is turned on
4. Open the app, go to the life feature and search for the Bluetooth ring.
5. You will get an alert to connect with boatRing\_BT, click pair.
6. To use all features of your Smartring Gen 1 seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.

*Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.*

USER MANUAL

## NAVIGATING THROUGH THE FUNCTIONS

Once the touch function is enabled, you can now control your phone, computer, or TV through the touch gestures of the ring.

*Note: The ring touch area is located above the red touch control sign on the outer surface of the ring, please pay attention to the direction when wearing the ring.*

### STATUS

Click on this feature on the app to check your health score, heart rate, SpO2, and temperature.

*Note: Measurements are for reference only and not for medical purposes.*

### SLEEP

Click on the sleep feature on the app to check the sleep overview, Sleep Data, and sleep record, Sleep resting HR and Sleep HRV.

### FITNESS

Click on the fitness feature on the app to check step count, Distance, and calories

### START EXERCISE

Choose from multiple exercises such as running, walking, and riding. Tap on any exercise to start the activity. Touch the phone screen to pause or stop the activity. If the activity is less than 3 mins, it will not be recorded.

### COMPLETE DATA

Shows the exercise records.

### FEMALE WELLNESS

Enable and set the details on the boAt Smartring app and get the alerts of your period and ovulation dates on the ring.

### CONTROL

Open the app, go to the control feature, and enable the smart touch to start navigating through the functions.

*Note: Click on User Guide for smart touch to read the instructions for each function*

### SHORT VIDEO

You can switch videos from YouTube, Instagram, or any other platform by sliding your finger up and down on the touch gesture of the ring and double-click on the ring to like the video.

### MUSIC

Double-click on the ring to play/pause a song. Slide up/down on the ring to switch between the song.

### READING

Select the page-turning mode and slide up/down on the touch gesture of the ring.

### TAKE PHOTO/VIDEO

Double-click on the ring to take photos/videos.

### SLIDES

Slide up/down on the ring to switch slides in ppt.

### ENABLE THE SOS SOS SETTING

Enable the SOS function and trigger emergency SOS by the touch area of the ring.

### SOS record

[Click here to check the SOS records.](#)

## PRODUCT PARAMETERS

Model	Smartring Gen 1
Net weight	7.9g
Bluetooth version	5.0
Working temperature	-20°C to 50°C
Charging time	<1.5hrs
Working time	5-7 days
Water Resistance	5 ATM

## MAINTENANCE

Regularly clean your wrist, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the ring with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin. For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

## HOW TO WEAR YOUR SMARTRING

Wear the ring on your finger, to use touch or SOS functionality. Make sure that the inner monitoring sensor of the ring is touching the finger.



## SYNCING YOUR SMARTRING TO THE APP

### Data Synchronization

- Open the app on your phone.
- Make sure your boAt Smartring Gen 1 is connected to the app.
- Synchronization will start automatically once you enter the app interface.

*Note: Synchronize data at least once every day to avoid data loss in the ring.*

- Improper disposal of the battery may cause battery explosion
- Do not drop, hit, squeeze, or puncture the battery; it may lead to short circuits and overheating inside the battery.

### Precautions

- Keep it away from children or pets to avoid injury
- Do not use this product in areas with high or low temperatures, it may cause fire or explosion
- Do not bring the ring close to the heat source or exposed fire source, such as oven, electric heater, etc. In case of allergic reaction to plastic, leather, Fiber, and other materials such as redness and inflammation, please stop using the ring and consult a doctor.
- Do not use an unauthorized or incompatible power adapter, charger, or data cable
- The radio waves generated may affect the working of implantable medical equipment or personal medical equipment, such as pacemakers, hearing aids, etc. If you use these devices, please consult their manufacturers for restrictions on the use of this device.

### DISCLAIMER

- The manual is based on the existing information, and in the principle of continuous improvement and continuous development.
- The company reserves the right to change the product specifications and functions and modify and improve any products described in this manual. The contents of this manual are provided according to the condition of the product at the time of manufacture.
- No explicit or default warranty of any kind is made for the accuracy, reliability, and content of the document. Any claim based on the data, books, or text description of this manual will not be accepted.
- This product is not a medical device. The data and information provided are for reference only.
- If the shell of this product is removed without authorization, the product will lose its warranty qualification.
- The pictures in this manual are used to guide the user's operation and are for reference only. Please refer to the actual object for details

### CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible for bringing the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and treatment of toxic substances.

## FAQ

Search for the app to connect keeps failing.

1. Keep the boAt Smart Wear app updated to the latest version
  2. Close all the programs on the phone → Stop and restart Bluetooth and GPS → Connect again
  3. Check and enable notification functions of your phone and keep the phone and ring in close contact.
- Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above*

### My Bluetooth keeps getting disconnected

1. Make sure there is not more than 7m distance between Bluetooth on the phone and the ring
2. There is no obstacle in between the ring and the phone.
3. Make sure the app is running in background

### Which functions of the smartring Gen 1 need Bluetooth to work?

Short video, Music, Photo/video, daily activities, SOS, sleep and exercises need Bluetooth connectivity to work.

### Will it be okay to take a bath wearing the smartring Gen 1?

SATM water resistance will only work under the following conditions:  
(1) Maximum depth of water: 50m (2) Maximum time for exposure to water: 10 minutes  
The ring isn't suitable for hot springs, saunas, snorkeling, water skiing and other wading or deep-water activities with high-speed water flow.

### SAFETY & PRODUCT INFORMATION (Battery)

- The ring has a built-in non-removable battery
- Do not disassemble, bore, or damage the battery.
- Do not disassemble the built-in batteries of non-replaceable battery devices.
- Do not expose the battery to high temperatures or around heating equipment.
- Do not contact the skin or eyes in case of a leaked battery. In case of contact with the skin or eyes, please wash immediately with water and go to the hospital for medical treatment.
- Do not throw the battery into the fire.