



USER MANUAL

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Unboxing the Watch

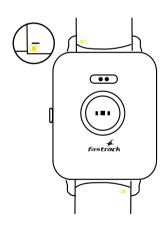


- 1.96" AMOLED Display
- SingleSync BT Calling
- 100+ Multisports

Packaging Box

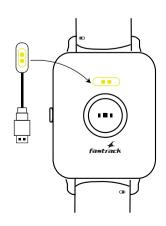
- Fastrack Smartwatch
- Magnetic Charging Cable
- Product Manual
- Quick Start Guide

Connecting Watch Head & Strap



Connect the watch head and strap with the help of the quick release spring bar as shown in the image.

Charging the Device



Attach the magnetic end of the charger to the back of the watch to begin charging.

Getting Started





Download Fastrack Reflex World App from Appstore or Playstore



Install the Fastrack Reflex World App on your phone



Sign Up/Log In



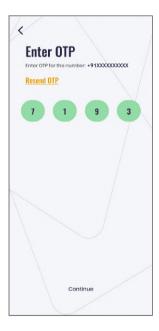
Allow the Terms & Conditions



Disable Battery Optimization (Some features might not work if Battery Optimization is Enabled)



Enter your Mobile Number

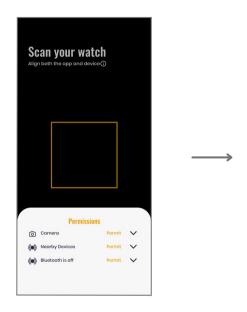


Enter the OTP to complete registration

Connect Fastrack Smartwatch With Smartphone

You can connect your watch with the Fastrack Reflex World App with the following two methods.

Scan QR



Tap on Permit and allow
Camera and Location access
to your Fastrack Reflex
World application



Scan your Watch and accept pairing request on Watch



Pairing successful

Search Your Watch



Tap on "Search Manually" and select your Fastrack Smartwatch and accept the pairing request on your Watch



Pairing successful

Creating Profile

Enter personal details to create your Profile.

The details must be correct and up-to-date for accurate measurement of activity-related metrics.



Pair BT Calling by accepting the pairing request



Check for Updates



Enter your Name



Select your Gender



Enter your DOB



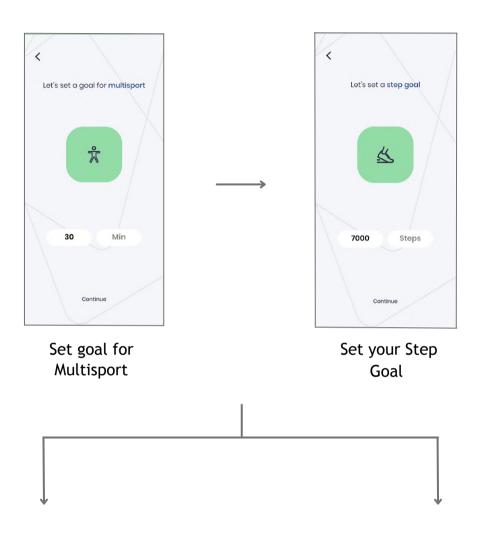
Enter your Height



Enter your Weight



Set your Sleep Goals

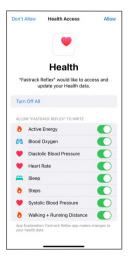




Allow Google Fit to collect data

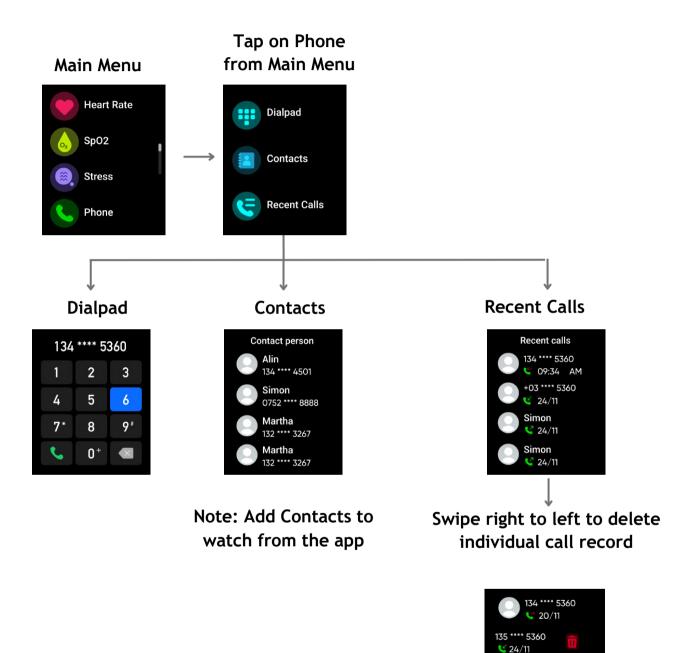


Dashboard created



Allow Apple Health to collect data

BT Calling



Scroll down and tap on bin to delete all call logs

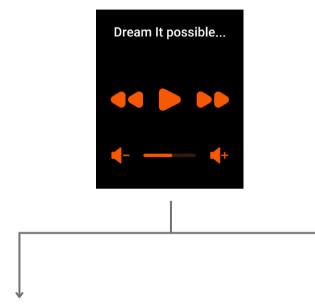
Simon 24/11

Set Favourite Contacts

On the Fastrack Reflex World App, Select the contacts you You can select up to 50 contacts go to Settings, tap on My Watch, want to set as favourites to add to favourites select Favourite Contacts < **Favourite Contacts** You have selected 15 out of 50 contacts to add and display as shortcuts in the smartwatch. Slide Right to Left from this icon Contact_Name +91XXXXXXXXXX ≡ to remove any contact. You can Contact_Name +91XXXXXXXXXX replace any contact anytime through the same process Contact_Name +91XXXXXXXXXX ≡ Reorder your contacts as you wish +91XXXXXXXXXXX Contact Name to see them in your watch by long Contact_Name +91XXXXXXXXXXX ≡ pressing a contact and rearranging the order Contact_Name +91XXXXXXXXXX ≡ +91XXXXXXXXXX Contact_Name Contact_Name +91XXXXXXXXXXX +91XXXXXXXXXX Contact Name +91XXXXXXXXXX +91XXXXXXXXXXX Contact Name +91XXXXXXXXXXX Contact Name Add more Save

Music

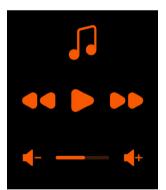
Play Music from phone on your Fastrack Smartwatch



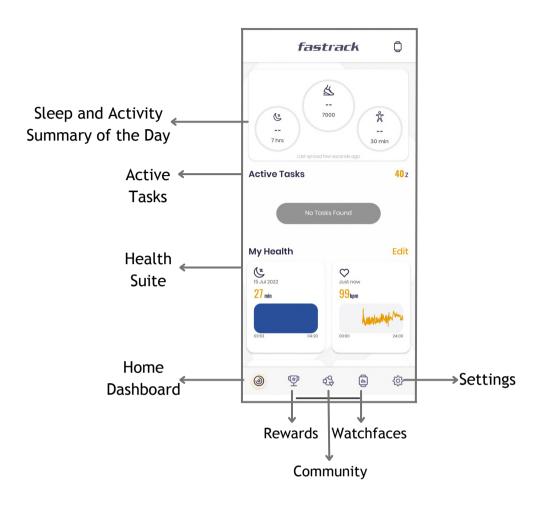
Play, Pause and change the track from your watch

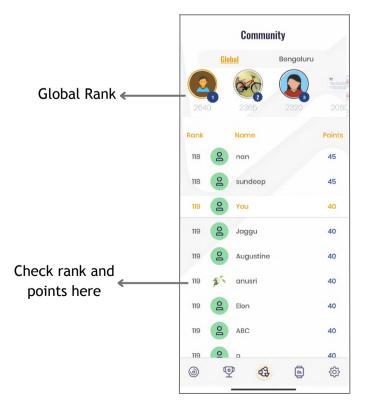


You can control the volume from your watch



Application Dashboard

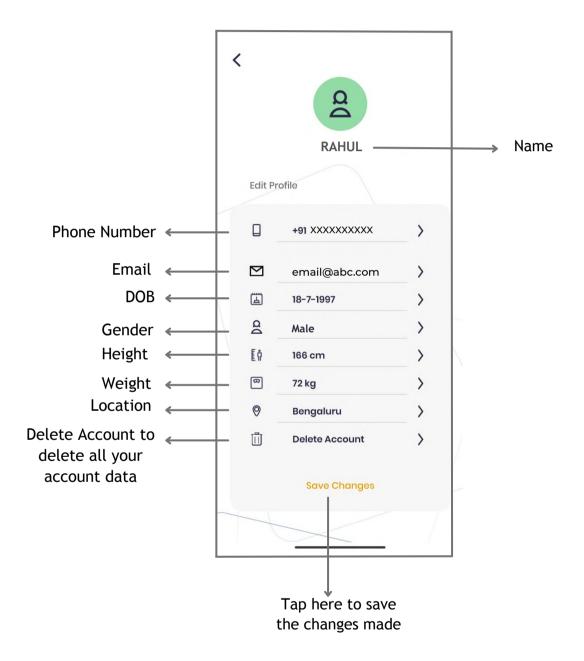




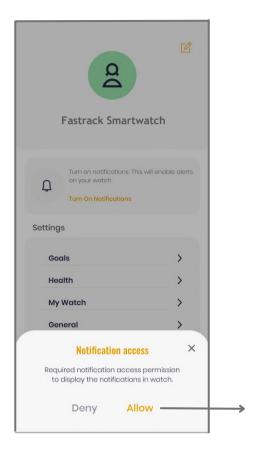
Community Leaderboard

The Fastrack Smartwatch ranks its user demographically and globally.

User Profile

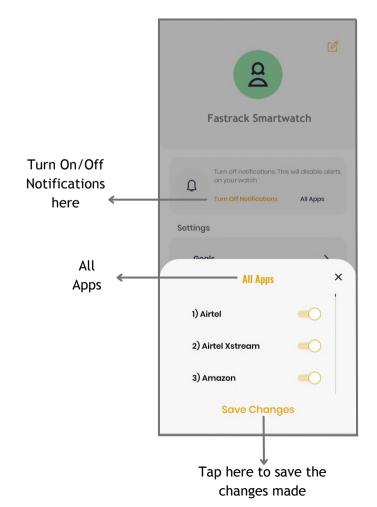


Notifications Access



Tap on "Allow" to provide Notification Access to the Fastrack Reflex World App

Tap Here



Use the slider/toggle button to switch Notifications (enable/disable) for particular apps

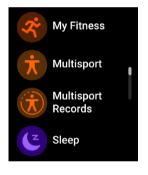
Functionalities & Interface



Quick Settings



Main Menu

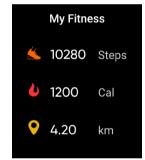






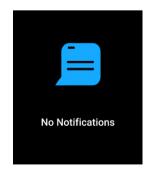


Physical Activity





Notifications



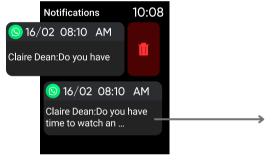
Swipe Up

From the Home Screen, swipe up to see the Notifications on your watch.

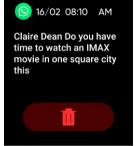
Home Screen



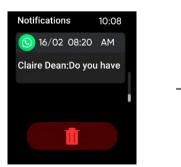




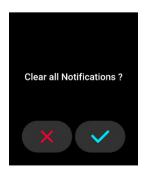
Swipe right to left on a notification and tap on bin to delete



Tap on a notification to see the message



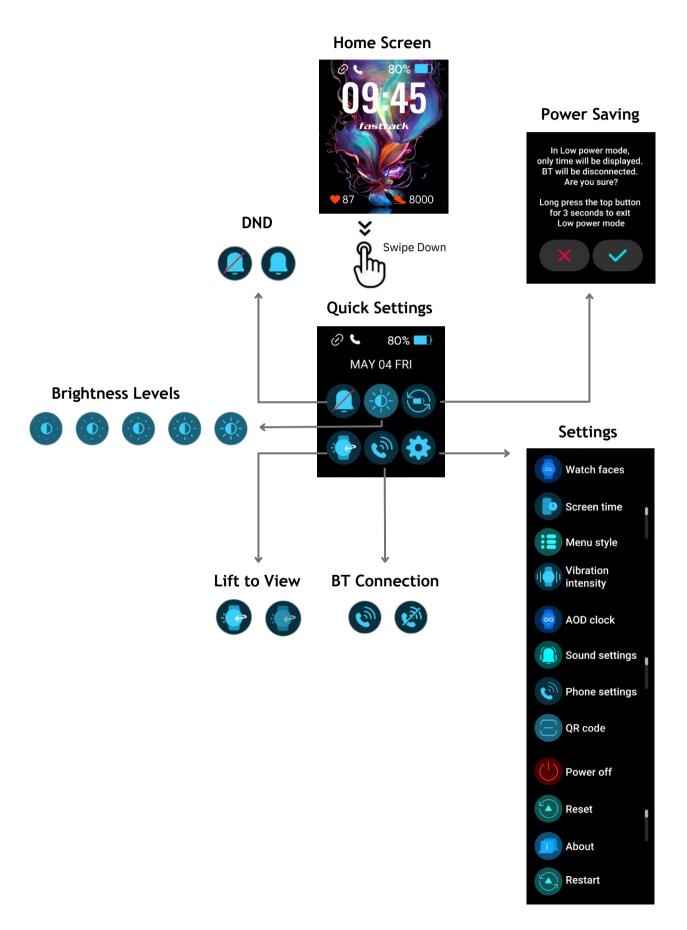
Scroll down to the end and tap on the bin to delete all notifications



Confirm to delete all notifications

Swipe Down

Swipe down from the Home Screen to open the Quick Settings. This will give you access to options such as DND, Enter Power Saving, Control Brightness, Lift to View, access Settings and much more.



Swipe Right to Left

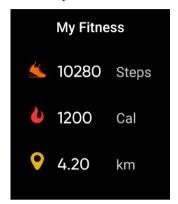
From the Home Screen, swipe right to left successively to open My Fitness, Sleep, Music, and much more on your Fastrack Smartwatch.

Home Screen



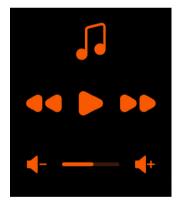


My Fitness



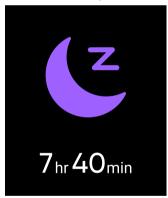


Music





Sleep



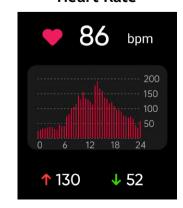


Weather



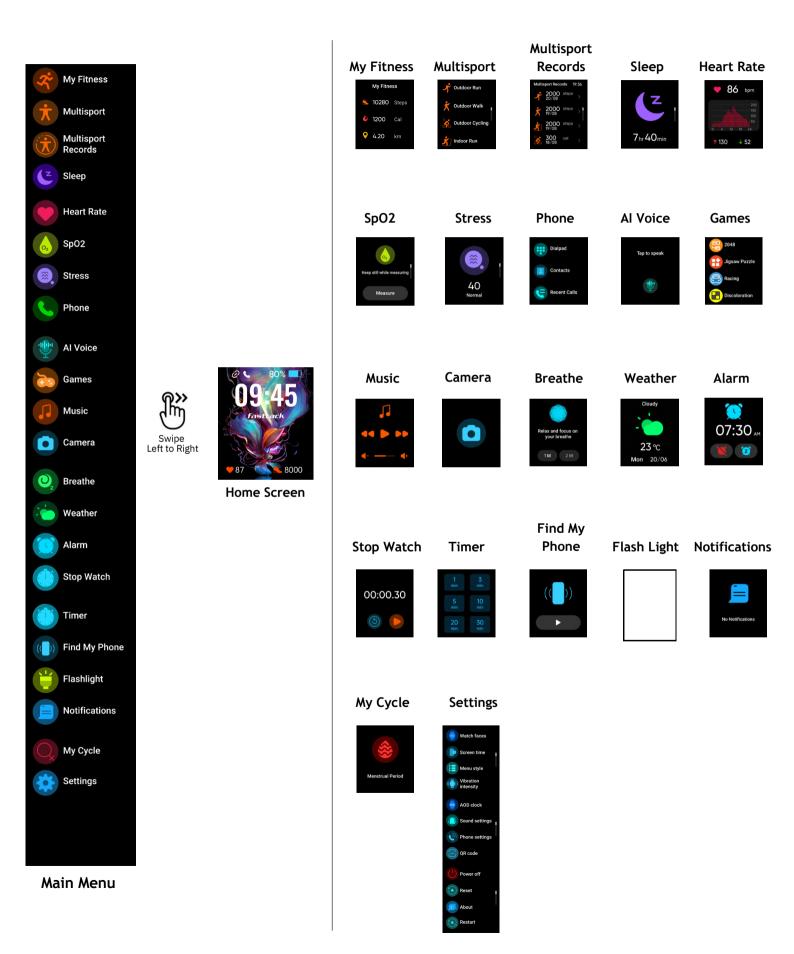


Heart Rate



Swipe Left to Right

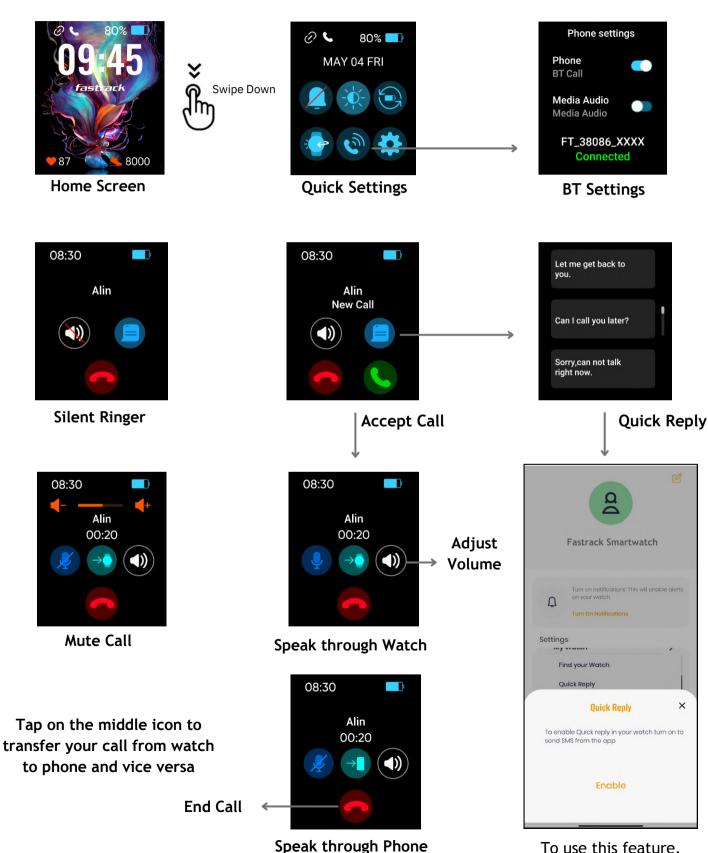
From the Home Screen, swipe left to right to get to the Main Menu on your watch.



Fastrack Smartwatch Features

BT Calling: Android

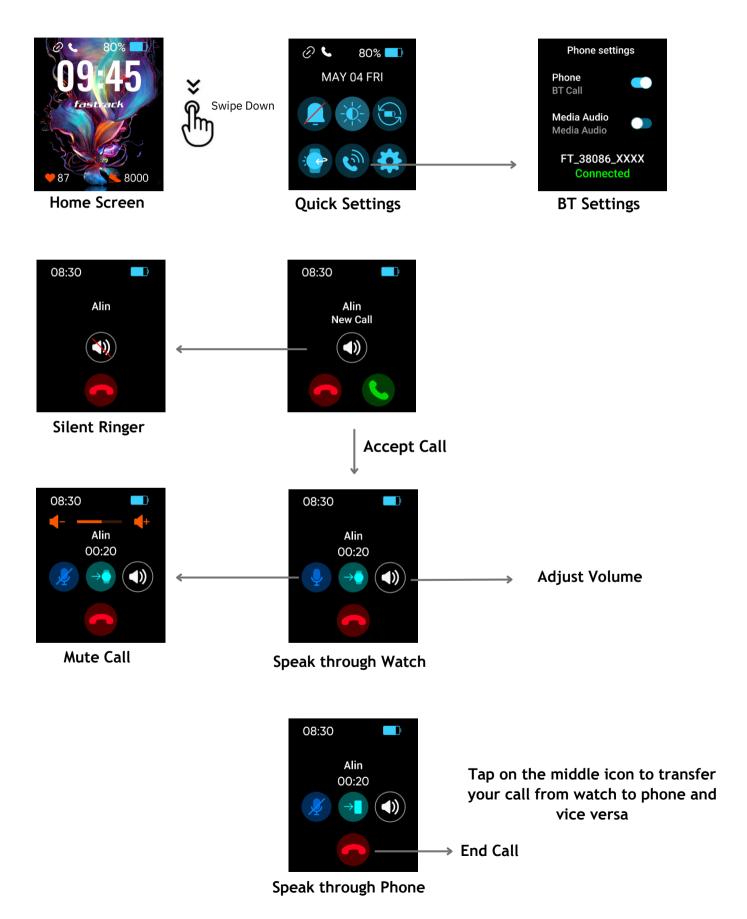
You can initiate and receive calls with your Fastrack Smartwatch. You can view your Contacts, Call logs, Reject Call, Control Volume, Transfer from Phone to Watch and vice versa



To use this feature, enable Quick Reply from Settings > Quick Reply

BT Calling: iOS

You can initiate and receive calls with your Fastrack Smartwatch. You can view your Contacts, Call logs, Reject Call, Control Volume, Transfer from Phone to Watch and vice versa.



Al Voice

Fastrack Smartwatch comes with AI Voice feature as well.

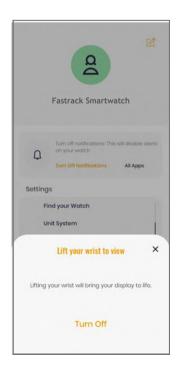


You can ask any question on the watch. The answer is displayed on your phone.

Note: The "AI Voice" feature will work only when the watch BT Calling is connected to the phone

Lift to View

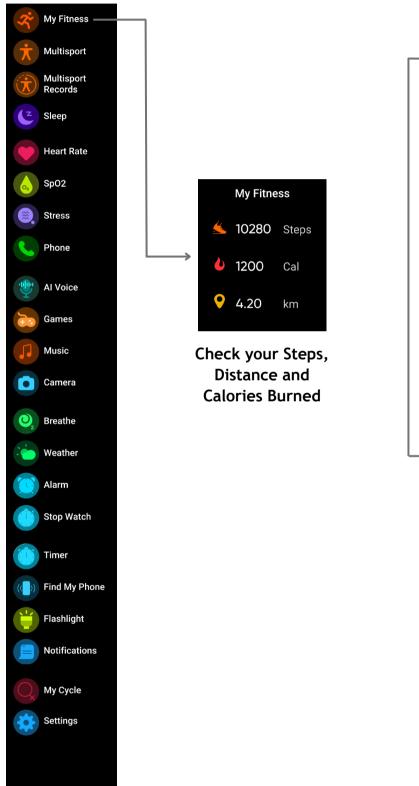
Open Fastrack Reflex World App. Go to settings and tap on "My Watch". Turn On/Off Lift to View. You can also control Lift to View from the watch Quick Settings.



Turn On/Off "Lift to View" from the app

Fitness Goals

From the Home Screen, swipe left to right to open Main Menu and tap on My Fitness.



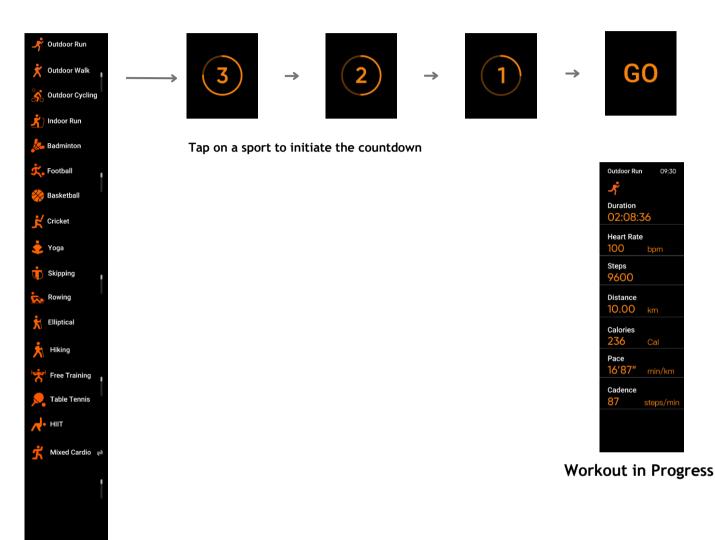


Check your Daily/Weekly/Monthly Fitness Report

Click on 'My Fitness'

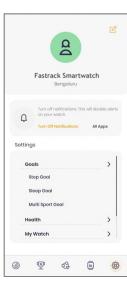
Multisport

Tap on Multisport from the main menu. You can choose from various sports and workouts like cycling, skipping, swimming and yoga to track various parameters like heart rate, steps, calories, etc.





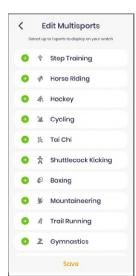
Set a Multisport Goal while onboarding



Change your Multisport Goal anytime from the Settings > Goals in the Fastrack Reflex World App



Access detailed Multisports analytics on the Fastrack Reflex World App



GO

Heart Rate

Steps

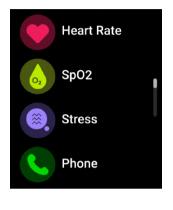
Distance

Add/ Modify a sport which would be displayed in your Multisports menu on your watch

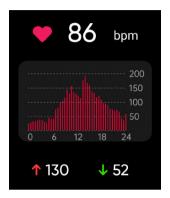
Heart Rate

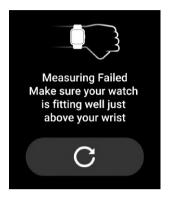
From the Main Menu, tap on "Heart Rate" to access and measure your heart rate. This feature also displays detailed data like heart rate trends, maximum and minimum heart rate of the day.

Tap on "Heart Rate"



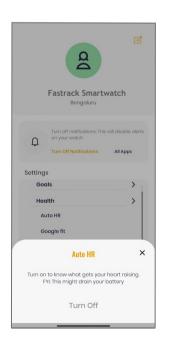
View your 24x7 Heart Rate trend



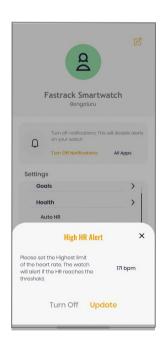




From your Home Screen Dashboard, navigate to Heart Rate from "My Health" section to view detailed summary and access daily/weekly/monthly data



Turn On/Off for Auto Heart Rate from Settings>Health

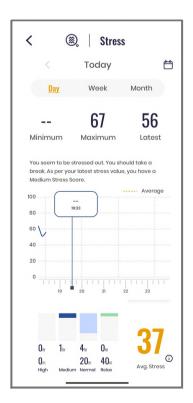


High HR Alert

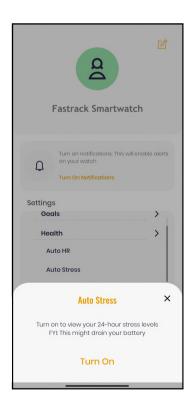
Stress Indicator

Fastrack Smartwatch comes with a "Stress" feature to measure and track your stress levels.





Check out detailed Stress level analytics and access daily/weekly/monthly data on the Fastrack Reflex World App

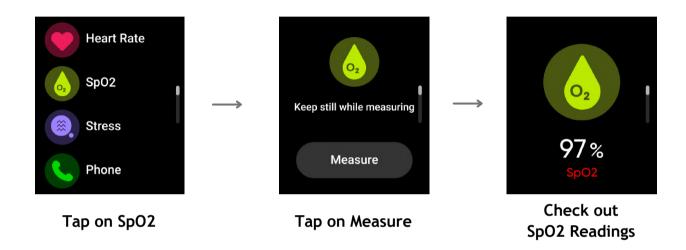


Turn On/Off for Auto Stress Monitor from Settings>Health

SpO2

Tap on "SpO2" from the Main Menu by swiping left to right from the Home Screen to check your oxygen saturation level.

You can compare your SpO2 readings with the normal SpO2 range, and access detailed data on the App.

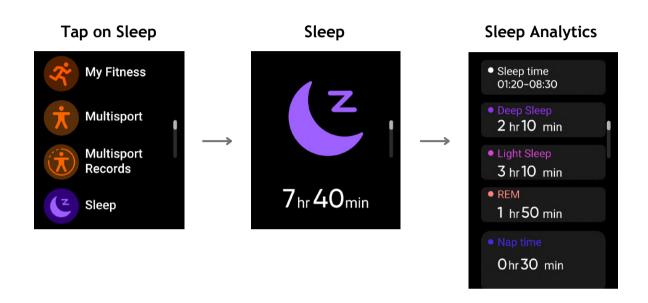




Check out detailed SpO2 analytics and access daily/weekly/monthly data on the Fastrack Reflex World App

Sleep

Tap on "Sleep" to check your Sleep Data on your watch. You can monitor your sleep trends, and access daily, weekly, and monthly data on the app

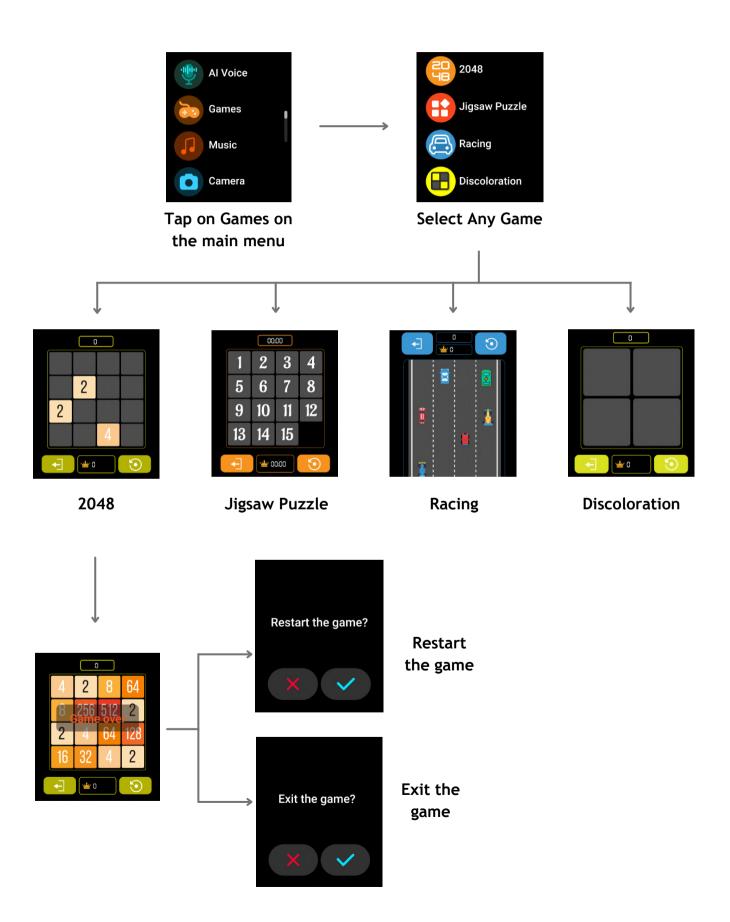




Check out detailed analytics and access daily/weekly/monthly Sleep data on the Fastrack Reflex World App

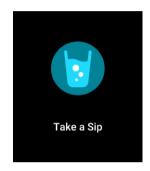
Games

Fastrack Smartwatch now comes with inbuilt Games.

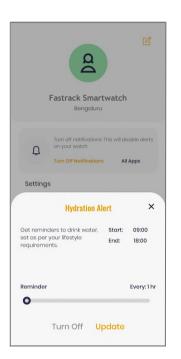


Hydration and Sedentary Alerts

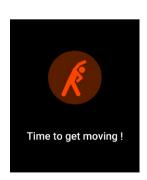
Set a time interval for Hydration and Sedentary alerts.



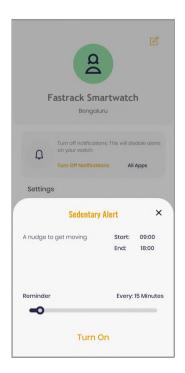
Reminder to drink water



Set a time interval to get an alert



Reminder to move



Set a time interval to get an alert

Women's Health

On the App, register as a "female" while creating a profile. Go to My Cycle from the Health Suite and enter the following details accurately for detailed results and alerts.



Enter your last period date



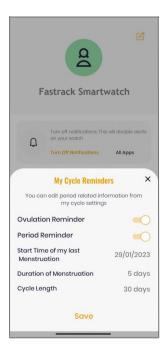
Enter the duration of your period



Mention your period cycle



Get detailed results on the Fastrack Reflex World App

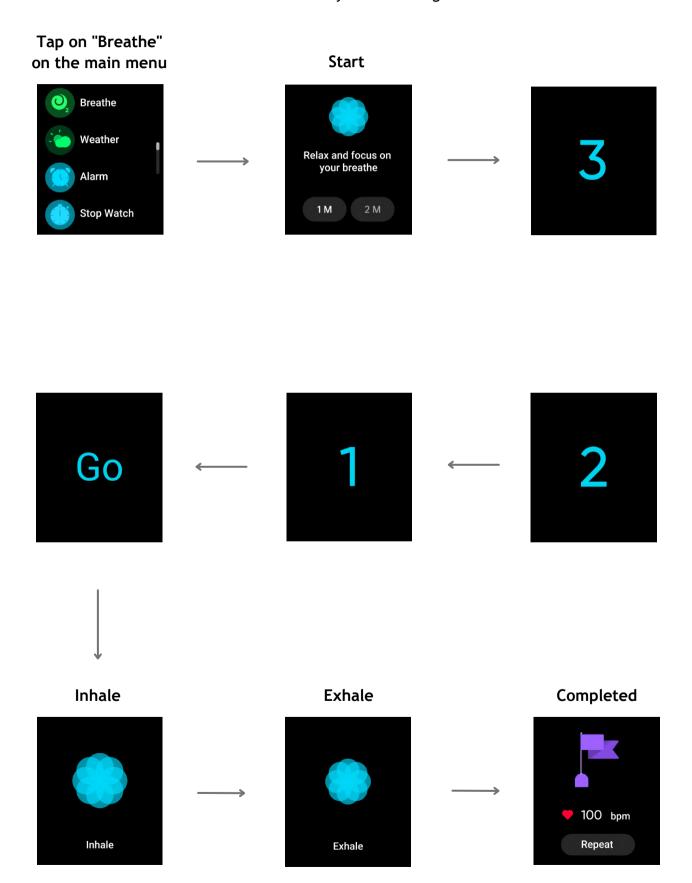


Add log and other data for better insights

Navigate to "My Cycle" from the watch main menu and you would be able to view your cycle stage

Breathe

Perform breathing exercises on your Fastrack Smartwatch. Tap on "Breathe", relax and focus on your breathing.



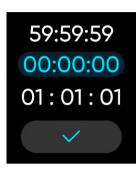
Time Features

On your Fastrack Smartwatch, you can set timer, use stopwatch and control daily alarm.

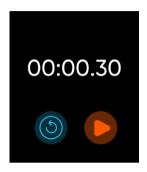
Timer



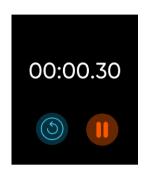
Choose from pre-set timers



Set customized timer

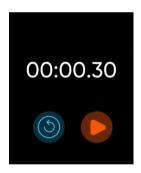


Start timer



Pause timer

Stopwatch



Start/Reset stopwatch



Pause stopwatch

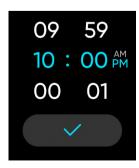


See all the laps in one place

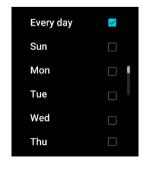
Alarm



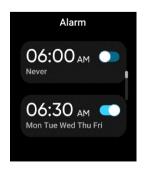
Add alarm



Select time



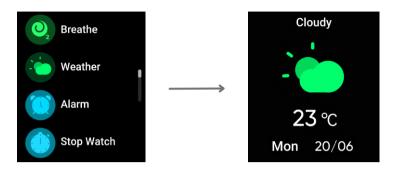
Select day



Slide the toggle key to turn On/Off Alarm

Weather

Tap on "Weather" in the main menu to check the current weather and the next 6 days' weather conditions.



Tap on Weather option in the Main Menu

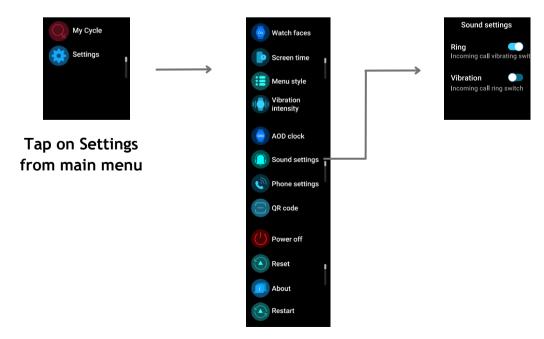
Check today's weather

Note: Location services and Internet connectivity is needed for accurate weather information.

The App uses an openweather API to gather weather information.

Sound Settings

You can adjust the sound settings on your watch and control watch vibration as well.



Tap on Sound Settings

Find My Phone

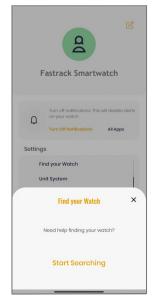
From the Home Screen, swipe left to right to open the Main Menu and tap on more. Navigate to the "Find Phone" option. Tap and your phone will start to ring and vibrate.



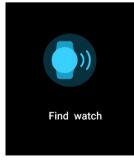
Note: You can turn off the phone ring by tapping on the notification from the App in your phone.

Find Your Watch

Tap on "Find your watch" in the App from Settings > My Watch, and your watch will start buzzing.



Tap on "Start Searching" to find your watch



Your watch will start ringing

Camera Control

You can also control your phone camera through your Fastrack Smartwatch.



Tap on Camera Control



Tap on the camera icon to click a photo from your in-app camera

Watchfaces

The Fastrack Smartwatch has multiple Watchfaces. A user can choose from 200+ Watchfaces available on the App.

You can even set custom Watchfaces by selecting an image from the phone gallery or click a picture and set it as Watch Home Screen.









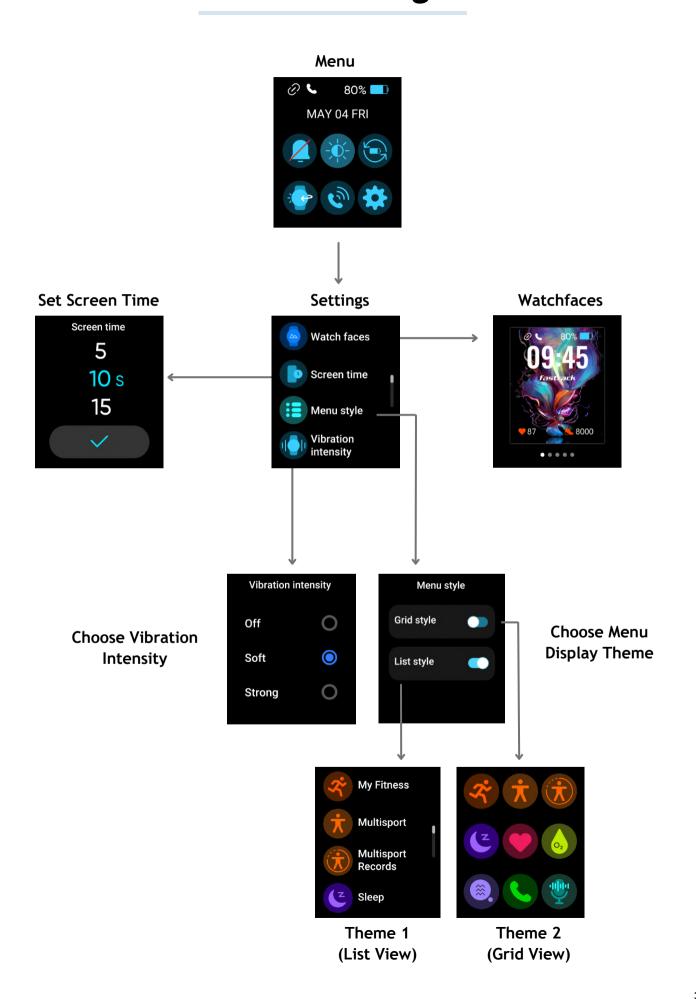


Long press Home Screen and swipe through the Watchfaces to change it using the watch.



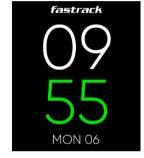
Go to Watchfaces in the app and install the desired Watchface

Watch Settings



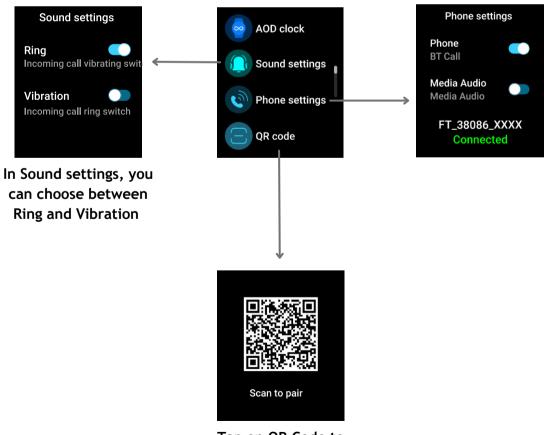
AOD clock Sound settings Phone settings QR code Always On Display keeps the screen ON all the time. This uses more battery. Are you sure? Turn AOD Clock on/off

Analog Clock



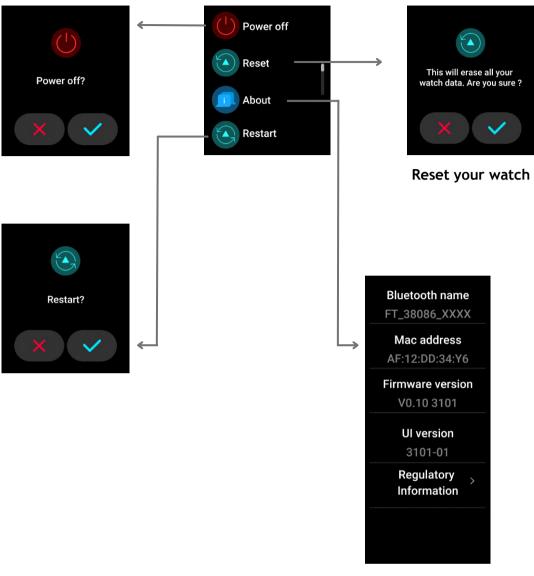
Digital Clock

Settings



Tap on QR Code to pair the watch with your smartphone.

Settings



You can view information like Device Name and other details

Device Specifications

S NO.	DESCRIPTION	FASTRACK SMARTWATCH
1	Model No.	38086
2	Weight of the watch	46 g
3	Display Type	AMOLED Display
4	Display Size (inches)	1.96"
5	Pixel Density (sharpness)	350 nits
6	Screen Resolution (pixels)	410*502
7	Thickness of Watch Head	13 mm
8	Dimensions for the Case (Watch Head)	46.6 X 39.4 mm
9	Case Material	Polycarbonate
10	Band/Strap Material	Silicone
11	Mode of Operation	Touch Screen
12	Accelerometer	3 axis
13	Battery Capacity	280 mAh
14	Compatibility (Android / iOS)	Android 10 & above, iOS 13 & above
15	Battery Life	7 Days*
16	Bluetooth version	Version 5.2
17	Water Resistance	IP68

^{*}Under Standard Conditions

Troubleshooting

FAQs

HARDWARE RELATED FAQs:

1. I am unable to switch on the smartwatch. What should I do?

A: Scenario 1: If the smartwatch is just out of the box, then you need to charge it until 100% charge is achieved.

Scenario 2: If you have switched off the watch from the settings option then you need to connect it to the charger to switch on the watch.

Scenario 3: The watch charging cable might have an issue because of which it's not charging the watch. Hence, you may need to change your charger.

After trying the above scenarios, if the issue persists, please reach out to 18002660123 or send a mail to smartdesk@titan.co.in.

2. I have misplaced my charging cable. Where can I get that?

A: You need to visit the nearest Titan Service Center and purchase it from there. This will be based on the availability of the charger/cable at that service center.

3. Do I get an additional strap with the watch?

A: No, you don't get an additional strap with the watch.

4. How long should I charge the watch to be 100%?

A: Watch gets fully charged in about 1 hour.

5. What is the specification required for smartphones to connect with Fastrack Smartwatch?

A: Android 10 & above, IOS 13 & above.

6. Are the charger and strap covered under warranty?

A: No, the charger and strap are not covered under warranty.

Application Related FAQs:

1. Which application should I download to connect my watch to the smartphone?

A: The application that needs to be downloaded is "Fastrack Reflex World". It is available both on Google Play Store & Apple App Store.

2. How do I pair my Fastrack Smartwatch?

A: You can easily pair your Fastrack Smartwatch by following the below process - Download the Fastrack Reflex World app from Google Playstore/ Apple Appstore

Mobile Registration:

Accept the terms and conditions and enter your mobile number. On the next screen, enter the OTP received to complete the registration.

Permissions & Access:

Provide necessary permissions to enable various features available on your Fastrack Smartwatch.

Pairing:

The next step is to pair the watch with the phone through the Fastrack Reflex World app.

To do this.

Tap on "Permit" to allow the app to access your phone Camera and Bluetooth.

You can now pair your Fastrack Smartwatch through 2 methods.

Scan the QR code shown on the watch.

Once the QR code is scanned, accept the pairing request on the watch screen and the pairing would be successful.

You can also click "Search Manually". Tap on "Permit" to allow the app to turn on Location. Your Fastrack Smartwatch would be detected. Click on "Continue". Accept the pairing request on the watch screen and the pairing would be successful.

The next step is to create a user profile in the application. Enter the details like Name, Gender, Birthday, Height, Weight, Sleep Duration Target, Multisport Target, and Steps Target.

The application will be ready for you to use and you will be able to experience the new journey in the Fastrack Reflex World.

3. How do I connect BT Calling feature on my watch?

A: Once you pair your watch with the Fastrack Reflex World application, a pop up comes on your app during onboarding, enable and permit the BT Pairing request, and your BT Calling is automatically connected. You will be able to see active icons in your watch BT Calling screen.

4. Can I save my Favorite Contacts within the watch?

A: Yes, with the new Fastrack Smartwatch, you can save your favorite contacts within the watch and make calls directly through the watch without the hassle of swiping through the phone.

Go to Settings in the Fastrack Reflex World App and navigate to Favorite Contacts under My Watch. You would be displayed your phone contacts now. Select the contacts you wish to save as favorite contacts in the watch and save your selection. You can remove any contact by swiping from right to left against a contact. You can now add another contact through the same process.

Rearrange your contacts as you wish to see them in your watch by long pressing a contact and rearranging the order. Tap on "Save" after you have made your selections. You can save up to 50 contacts on your watch.

This would sync your watch with the contacts you have selected. To view your contacts in the watch, go to Home Screen >Main Menu>Phone.

5. How do I add an Alarm in the watch?

A: In the new Fastrack Smartwatch, you can now add alarms right from your watch. Just head over to Main Menu>Alarm in the watch. Tap on "+" icon and select the time and the days for the alarm and your alarm would be set up. Alternatively you can also set alarms from the app settings.

6. What all features I can access in the Quick Settings of the watch?

A: Swipe down from the Home Screen. Here you have the option of turning on DND, control Brightness, Lift to View, Power Saving Mode, BT Settings and access to Watch Settings.

7. How do I access 100+ Multisports in my watch?

A: Go to the app settings and navigate to My Watch>Edit Sports. Here you would be able to see all the Multisports. You can add/ modify a Multisport which would be displayed in your watch's Multisport menu.

8: How do I use Stress Monitor?

A: Navigate to Main Menu>Stress on your watch and your watch would start recording a measurement.

9. Can I set Auto Stress Alert on my watch?

A: You can set auto stress on your watch from app settings>Auto Stress. You can now monitor your stress levels round the clock.

10: What all can I control from my Watch Settings?

A: You can change the watchfaces for your home screen, set on-screen time, change the menu style, control sound and vibration settings and BT settings and much more.

11: Can I control sound and vibration settings on my watch?

A: You can set your watch on silent and vibration intensity on your watch from the watch settings.

12: Can I view my Heart Rate while performing a Multisport?

A: You are able to see a range of health metrics while performing a Multisport as per the activity. Once you start your sport, you would be able to see your Heart Rate, Calories burnt, and other health metrics related to the sport.

13: Every time I do a Multisport activity, after completion I see the watch saying "Workout was too short". Why so?

A: A Multisport activity should be done for more than 5 minutes for the watch to capture data. Each Multisport activity has a different threshold duration, after which only the activity is recorded.

14: How to activate the Women's Health Tracker?

A: The Women's Health Tracker would be available only for female users. So make sure while onboarding in the Fastrack Reflex World app, you register as female gender.

Enter your cycle details from Dashboard>Health>My Cycle" and your dashboard would be created. You can now add symptoms you may face during your periods to keep track of your cycle.

15: Will I be able to check weather updates for other cities?

A: The watch will be able to show the weather updates of your current city only. Your current city will get detected based on your phone's actual location.

16: How can I check Heart Rate in my watch?

A: You need to go to the watch menu options and tap on "Heart Rate". Your watch would automatically start recording a reading. Stay still while your watch is recording a measurement. You can also turn on "Auto HR" from the app Settings under health section.

17: What do I need to do to get the notifications on the smartwatch?

A: Notification access must be provided for the Fastrack Reflex World application from the phone settings.

On the app click on Settings > Turn On Notifications. This will redirect you to the Notification Access settings in your phone. Please provide the access to the Fastrack Reflex World app.

You can now select which app notification you would like to see on your watch.

18: How do I change my Watchface?

A:

- Long press on the watch home screen, swipe through the saved watchfaces and select your desired watchface.
- Navigate to watchfaces.
- Open the Fastrack Reflex World application and in the bottom panel, you will get watchfaces. Select from a wide range of watch faces.

19: Can I customize my own watchface?

A: Yes you will be able to customize your own watchface from the application in the bottom panel in Watchfaces. You can choose any image from your gallery or click a picture from your phone camera and use the image as your watchface.

20. What should be done to sync the smartwatch with the application?

A: On opening the application on your smartphone, the smartwatch data will be automatically synced. If you find that the watch is not synced or the data on the app is not changed you can swipe from top to bottom on the main page of the app and it will automatically sync with the watch.

21. How do I use camera control and where is the image saved in the phone?

A: Open the "Camera" from the watch menu. This will open a camera icon on your watch. Tap the icon to open the In-App Camera on your phone. Tap again to click a photo which will be saved in your phone's gallery.

Note: The app needs to be opened in foreground, then only the In-App Camera would open when you click on the camera from the watch.

22: I am unable to receive the OTP for registering myself on the Fastrack Reflex World application. What can be done?

A: Please make sure that you have entered the correct and active mobile number and email. You will receive the OTP on your email. If you still do not receive the OTP, please contact the toll-free number 18002660123 or can write to us as smartdesk@titan.co.in

23. I have purchased a new Fastrack Smartwatch and while I have completed my pairing with the application Fastrack Reflex World, it is asking for a Firmware Update. Is it mandatory to do so?

A: Yes, it's mandatory to update the firmware to experience the best version of the watch.

24. My Fastrack Reflex World crashes every time I open the application. What needs to be done?

A: Kindly uninstall and reinstall the application. If the issue persists, please contact the toll-free number 18002660123 or can write to us at smartdesk@titan.co.in.

25. I am not located in India and my contact number comes with a different country code. How do I register myself in the application?

A: Even though you are not in India, the registration process for the application remains the same. Accept the terms and conditions and enter your mobile number. On the next screen, enter the OTP to complete registration. The list of countries where you will receive the OTP is as follows:

Singapore, Australia, New Zealand, Fiji, Philippines, Nepal, Bhutan, Bangladesh, Qatar, Bahrain, UAE, Kuwait, Oman and Japan.

26. I am unable to connect the watch straps to the watch head. Please help.

A: There is a quick-release pin that needs to be aligned in the hole provided on the watch head lug. You need to align the pin properly between the lug holes and connect the strap to the watch head.

27. How can I change the units of measurement in my watch?

A: You can change the units of measurement in your watch by going to App > Settings > My Watch and toggling between Imperial/ Metric format for temperature formats and other data displays.

28. My phone is continuously ringing even after I have gone back to some other screen on the watch or pressed the power button on my phone. How do I stop the ringing after I have found my phone?

A: Tapping on "Find Phone" from the watch raises a notification on the phone apart from the ringing in the phone. Just tap on the notification from the Fastrack Reflex World app and the phone would stop ringing.

In case major issues are being faced that are not being resolved by any of the above answers mentioned, especially concerning the hardware of the watch, like the screen blanking out or the watch not charging, request you to please visit the nearest authorized service center.

FCC Statement

FCC ID: 2ak9f-38086

- 1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.
- 2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Note on the Accuracy of Fitness

Fitness Watches like your Fastrack Smartwatch are intended to be tools to provide you with information on your lifestyle and training performance and to encourage an active and healthy lifestyle. The watch relies on sensors that track your movement, sleep, and other metrics.

The data and information provided by these devices are intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including the steps, distance, calories, etc.

P.S - Accurate user data (height, weight, gender, and age) information improves the accuracy of the algorithms that process the activity data. The Fastrack Smartwatch is not a medical device and the data should not be used for medical purposes like diagnosis, treatment, cure, or prevention of any physiological conditions.

We recommend you consult your doctor before engaging in any exercise routine.