

# TITAN SMART



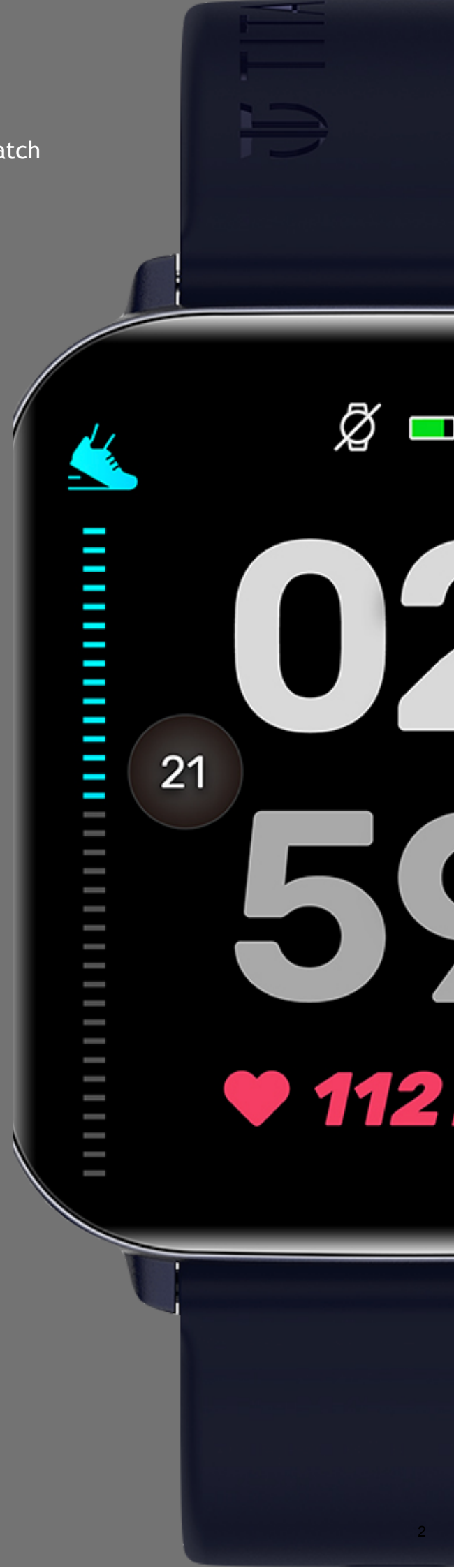
## USER MANUAL

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# Unboxing the Watch



## Packaging contains

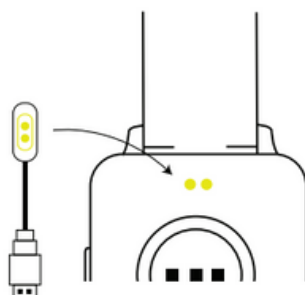
- Titan Smart 2 Watch
- Magnetic Charging Cable
- Warranty Card
- Quick Start Guide

# Changing Watch Band



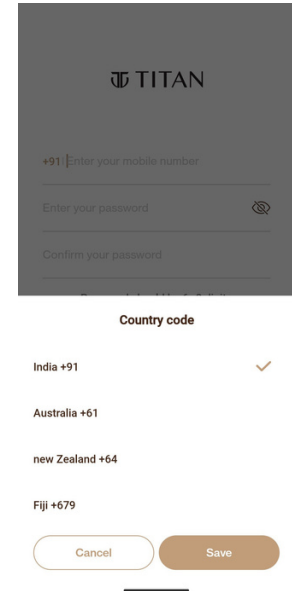
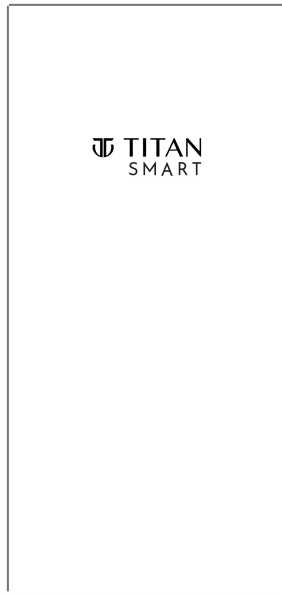
Connect the watch head and strap with the help of the quick release bar

# Charging the Device



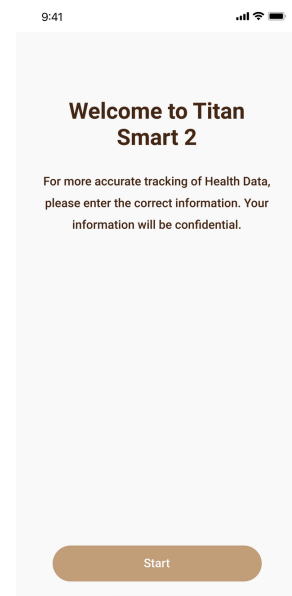
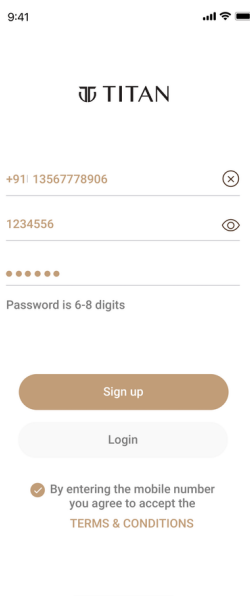
Attach the magnetic end of the charger to the back of the watch to start charging

# Setup and Get Started



Install the Titan Smart 2 App on your phone

Select Country Code



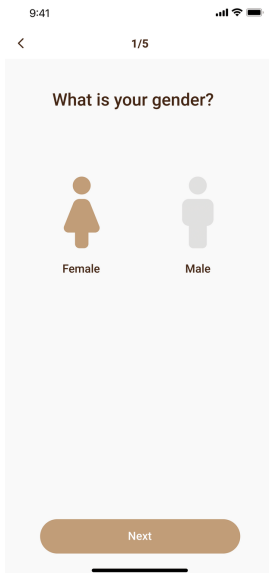
Enter Phone Number and Set Password

Tap Start

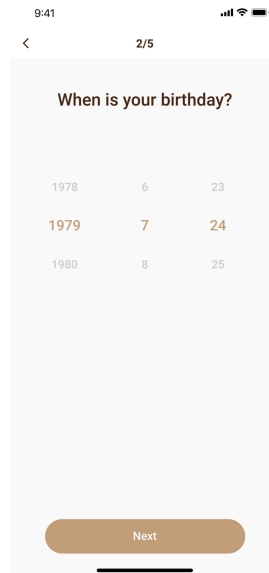
# Create Profile: Introduce Yourself

Enter your name, weight, gender, birth date and other related details for profile creation.

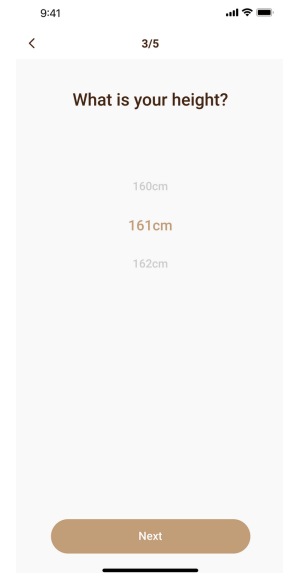
The details must be correct and up-to-date for accurate measurement of activity-related metrics such as Steps taken, Calories burnt, etc.



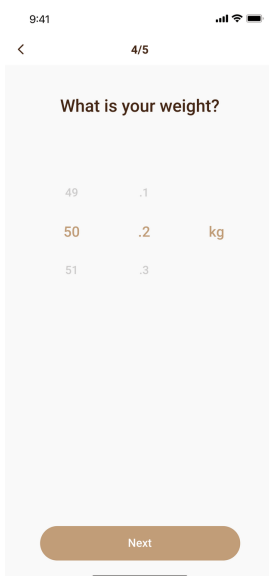
Select your **Gender**



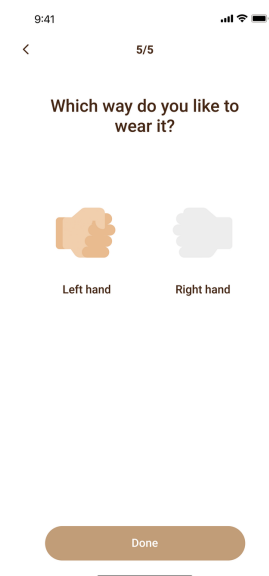
Enter your **DOB**



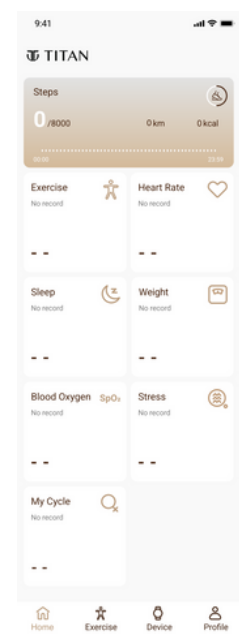
Enter your **Height**



Input your **Weight**



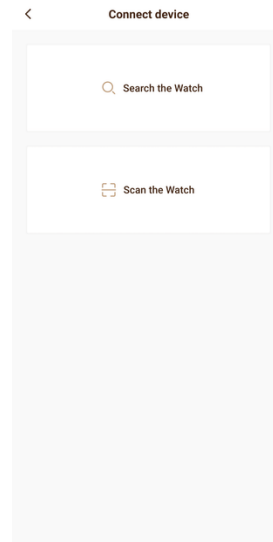
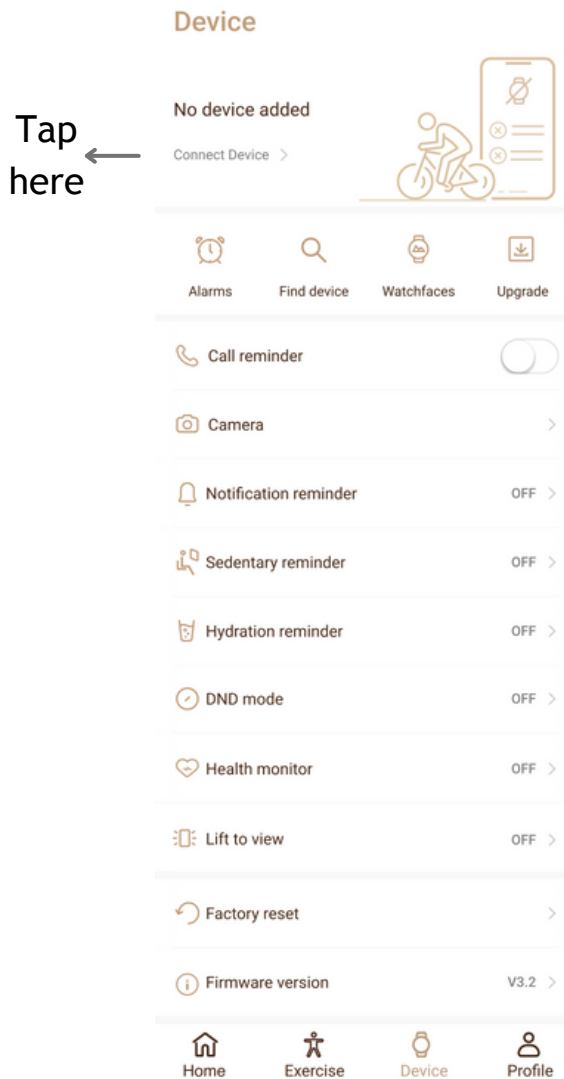
Select the **Hand**



Your **Dashboard** is ready

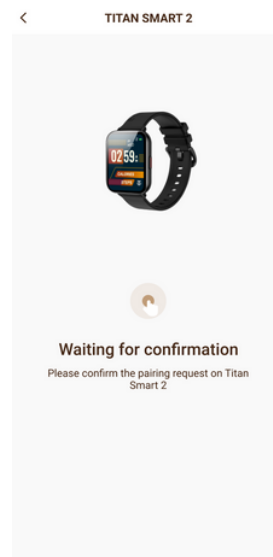
# Connecting to Smartphone

Follow the steps below to connect your watch to the Titan Smart 2 app.



## Searching the Watch

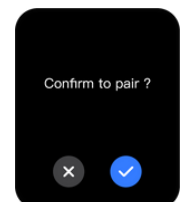
Tap on  
Scan the Watch



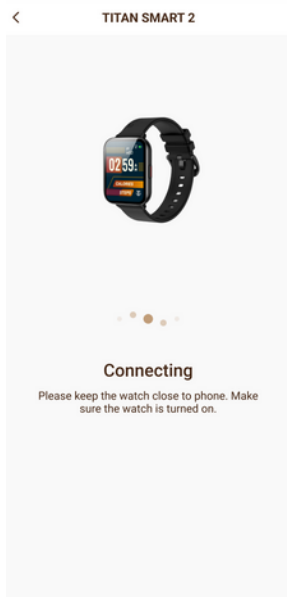
**Pair**  
Accept the  
pairing request



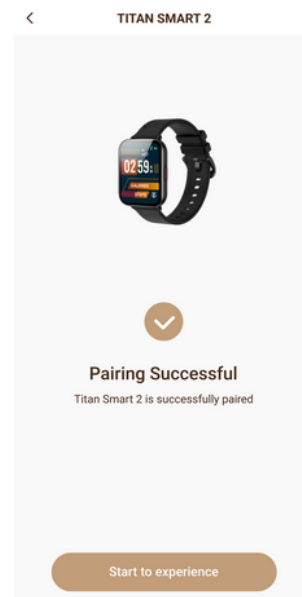
Scan the  
QR Code



Tap the tick icon  
on the watch

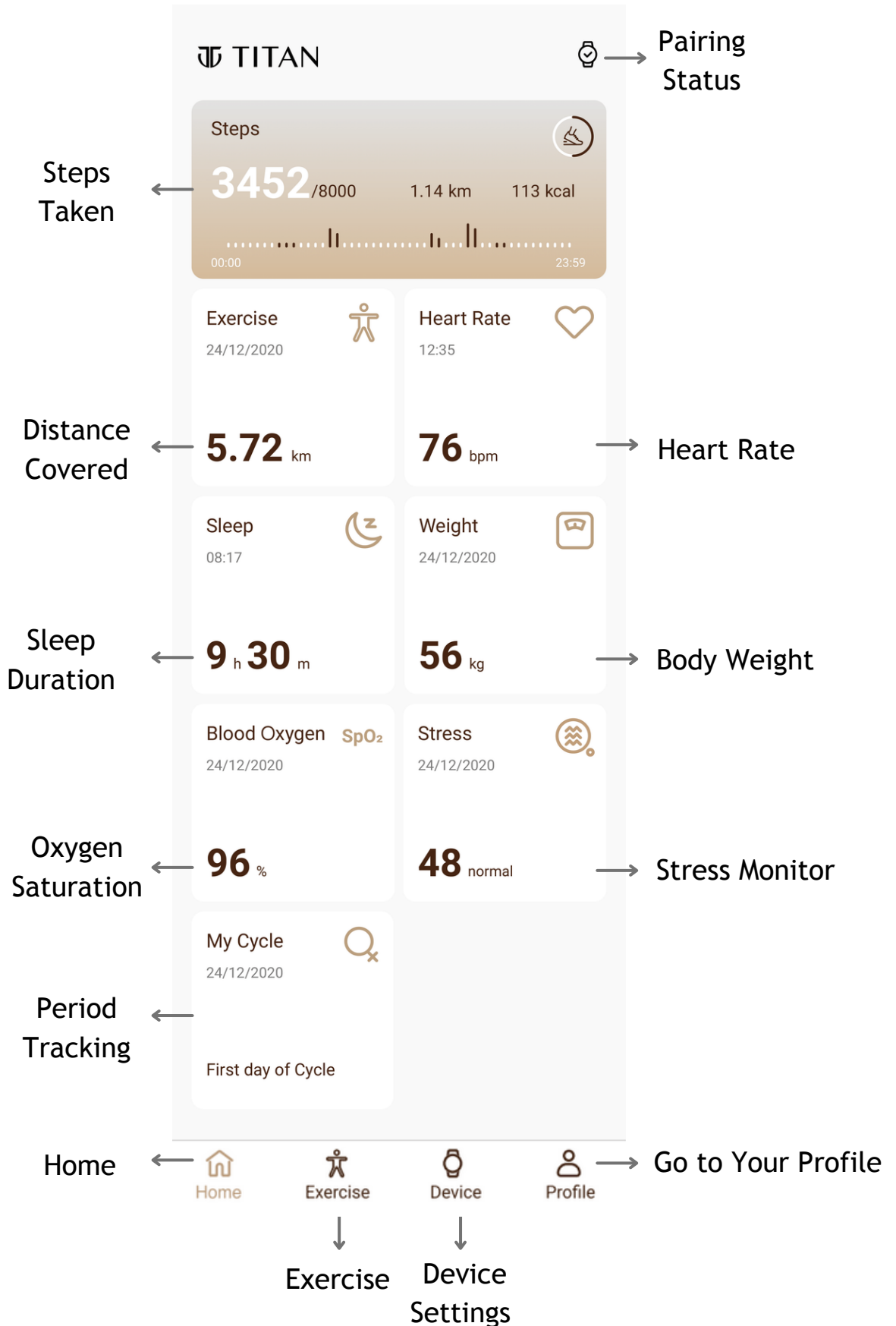


**Connecting**  
Wait as the watch gets connected to your phone



**Paired successfully**  
Your watch is now paired with the app

# Application Dashboard





# Exercise

## Exercise

Total Distance Covered

98.6

Total Distance (km)



Total Calories Burnt

6894

Calories (kcal)

6894

Duration (min)

24

Activities

Number of Activities

Total Exercise Duration

Running Summary for the Activity



5.26 km

00:36:15 07'30"

16/4 >

Date

Spinning Summary for the Activity



300 kcal

00:36:15 89 bpm

16/4 >

Heart-rate during Spinning

Outdoor Walk Summary for the Activity



2.3 km

00:36:15 07'30"

16/4 >

Home



Home



Exercise



Device



Profile

Go to Your Profile

Device Settings

# Device

## Device

TITAN SMART 2



> → Device

Connection Status ←

Connected 78%



Alarms



Find device



Watchfaces



Upgrade *New!*



Call reminder



→ Call Reminder

Camera ←



Camera



Notification reminder

OFF >



Turn  
Notifications  
ON/OFF

Sedentary  
Reminder ←



Sedentary reminder

OFF >



Hydration reminder

OFF >



→ Hydration Reminder

Do Not Disturb  
Mode ←



DND mode

OFF >



Health monitor

ON >



Health  
Monitor

Lift to View ←



Lift to view

ON >



Factory reset



→ Factory Reset

Firmware Version ←



Firmware version

V3.2 >

Home ←



Home



Exercise



Device



Profile

→ Profile



Exercise

# Profile

## Profile



Hi, user192892  
Welcome

> ———> User Name

Set Your Goals



Goals

8000 steps >

Choose Time Format



Time format



Choose Measurement Unit



Unit



Weather



Weather Info Toggle

To get accurate weather information, make sure the location services are turned on.

Report Error



Report Error



User Guide



User guide



Apple Health



Apple Health



App Info



App info



Permission Settings



Background running permission settings



Registered on Dec 21, 2018

Home



Home



Exercise



Device



Profile

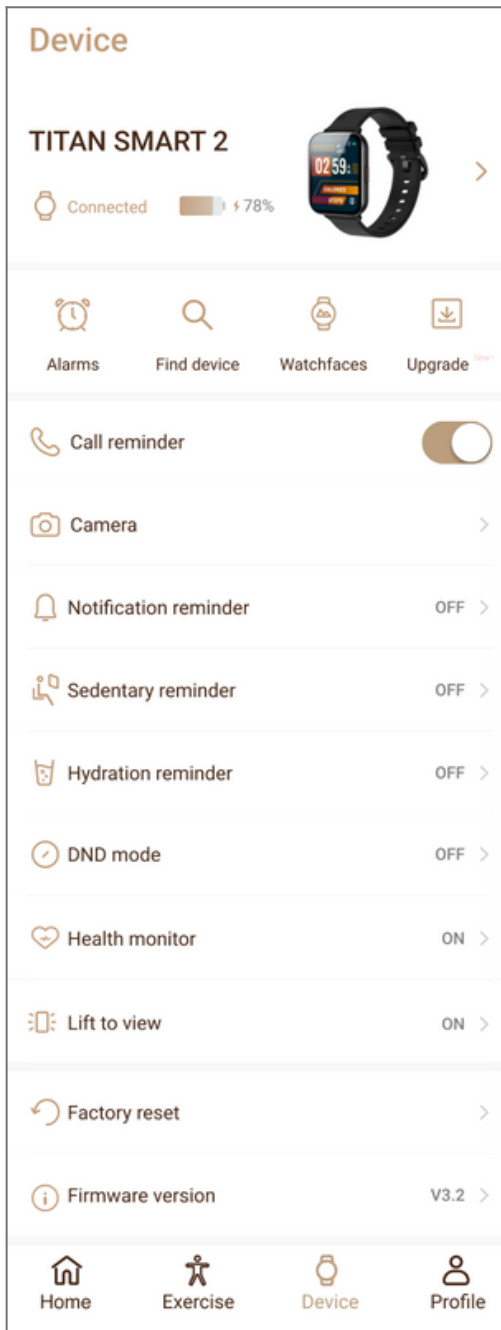


Exercise

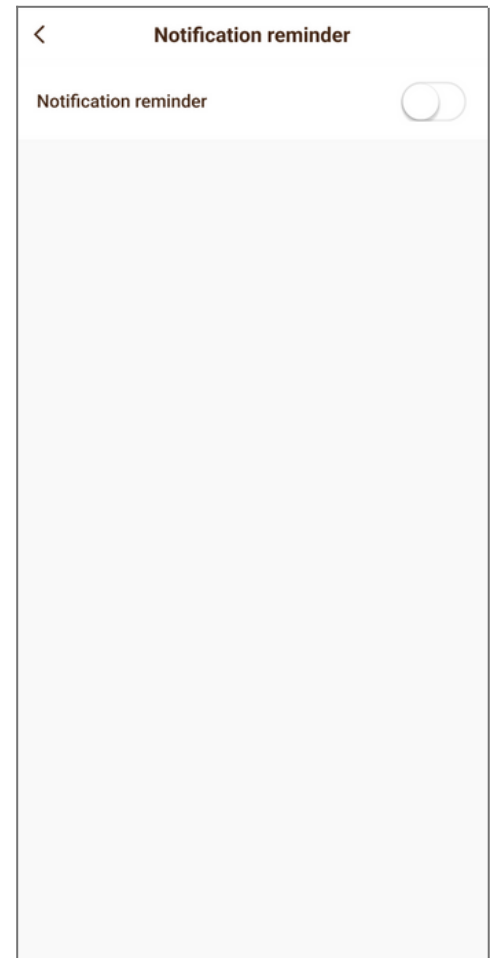


Device Settings

# Notifications: Access & Customisation



Tap here




Turn all Notifications on/off

Go to Device and tap on  
Notification Reminder


To enable/disable notifications for any individual app, use the toggle button next to it.


Notification Reminder ← < **Notification reminder**


Notification reminder  → Turn all the notifications on/off


Turn ON notifications; This will enable alerts on your watch. You can select which notifications you would like to receive on the Watch. If you find any abnormality, you can restart [notification usage right](#) service to fix it.


---


SMS  → SMS


WhatsApp ← WhatsApp 


Facebook  → Facebook


Twitter ← Twitter 


Instagram  → Instagram


Calendar ← Calendar 

Telegram  → Telegram

Gmail ← Gmail 

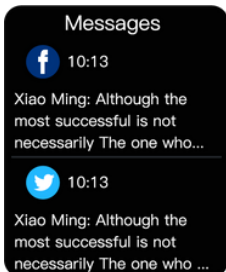
Dailyhunt  → News from Dailyhunt

Outlook ← Outlook 

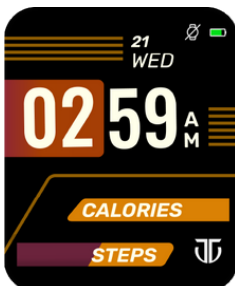
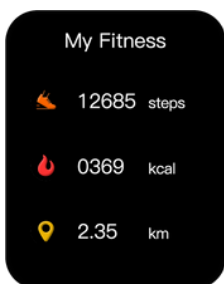
Inshorts  → Inshorts

# Access, Functionalities & Interface

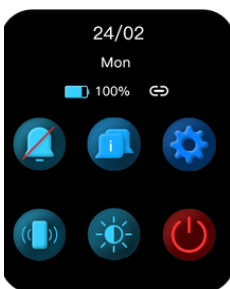
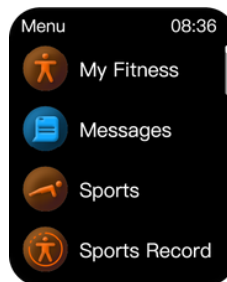
## Messages



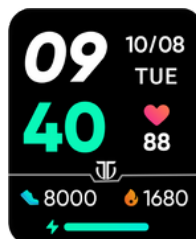
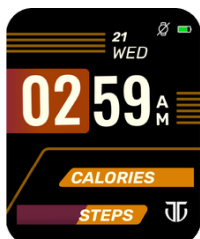
## My Fitness



## Menu

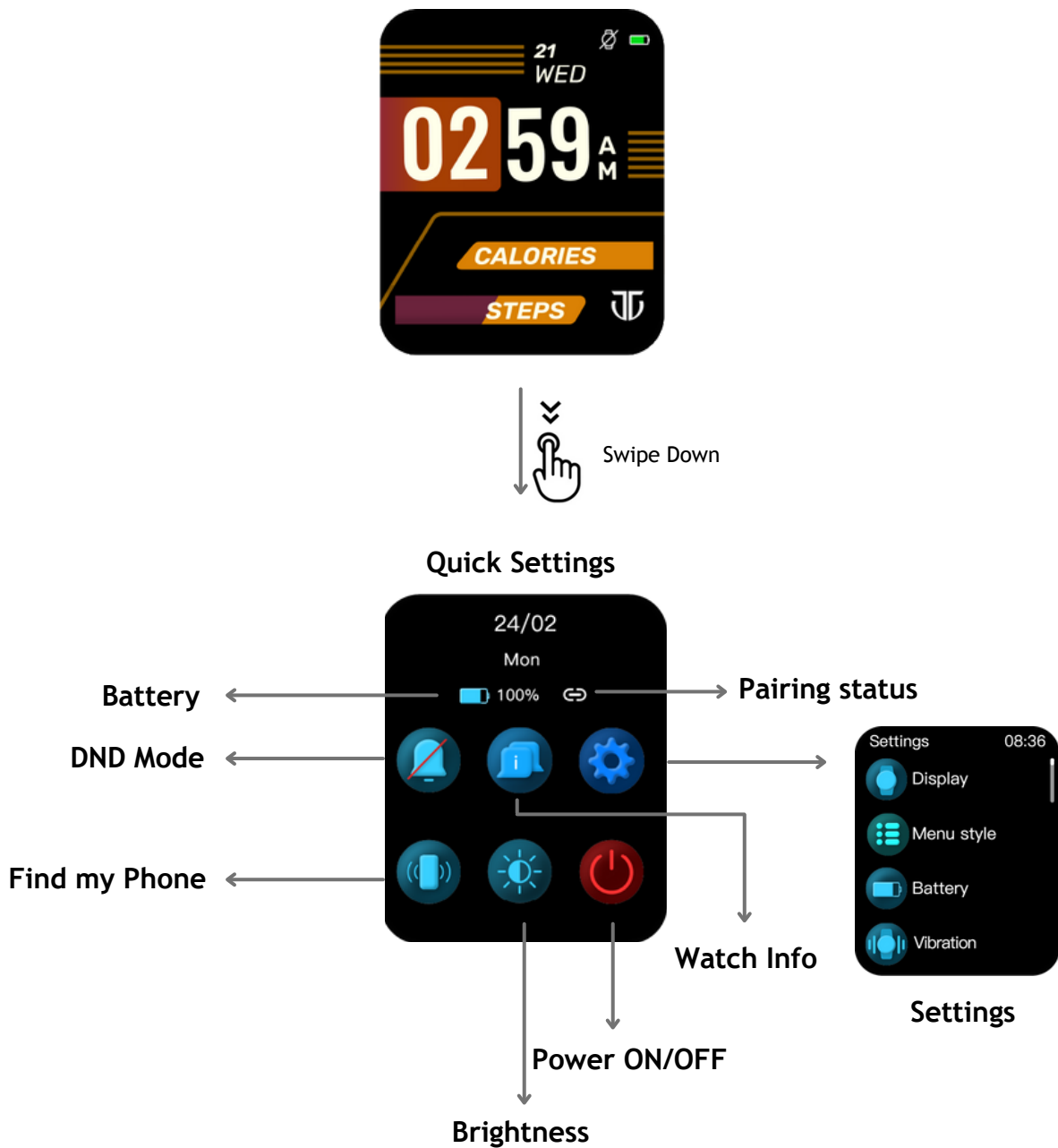


## Quick Settings



# Swipe Down

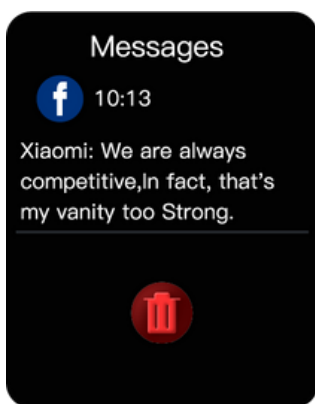
Swipe down from the home screen to reach the quick settings menu. This includes options such as find my phone, brightness, restart, etc.



# Swipe Up

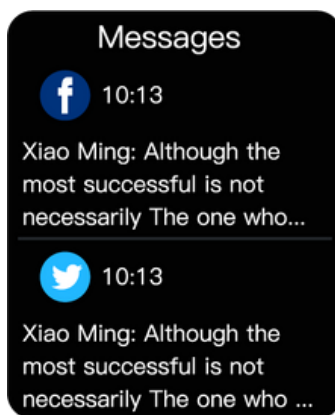
Swipe Up from the Home screen to view any app messages on your Titan Smart 2 watch.

## Opening a Message



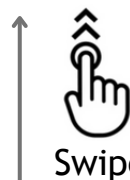
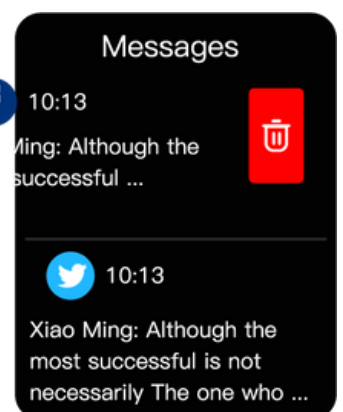
Click on any notification

## Messages

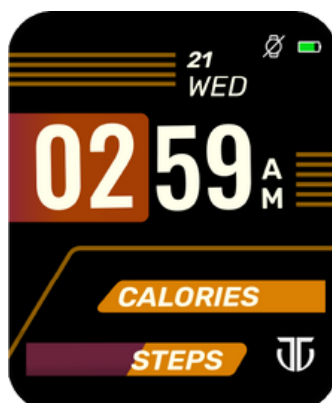


Swipe Right to Left

## Deleting a Message



Swipe Up

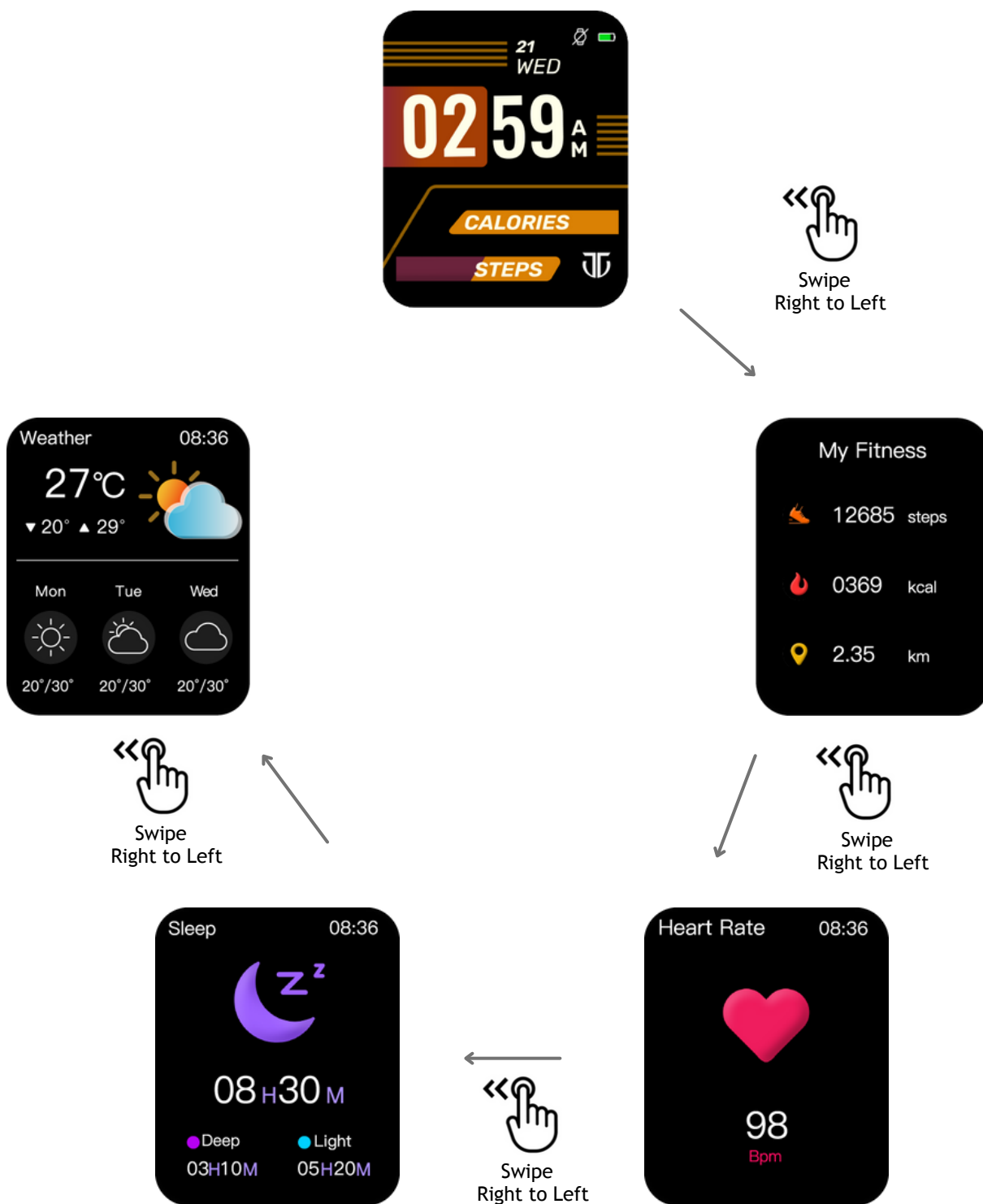


Home Screen



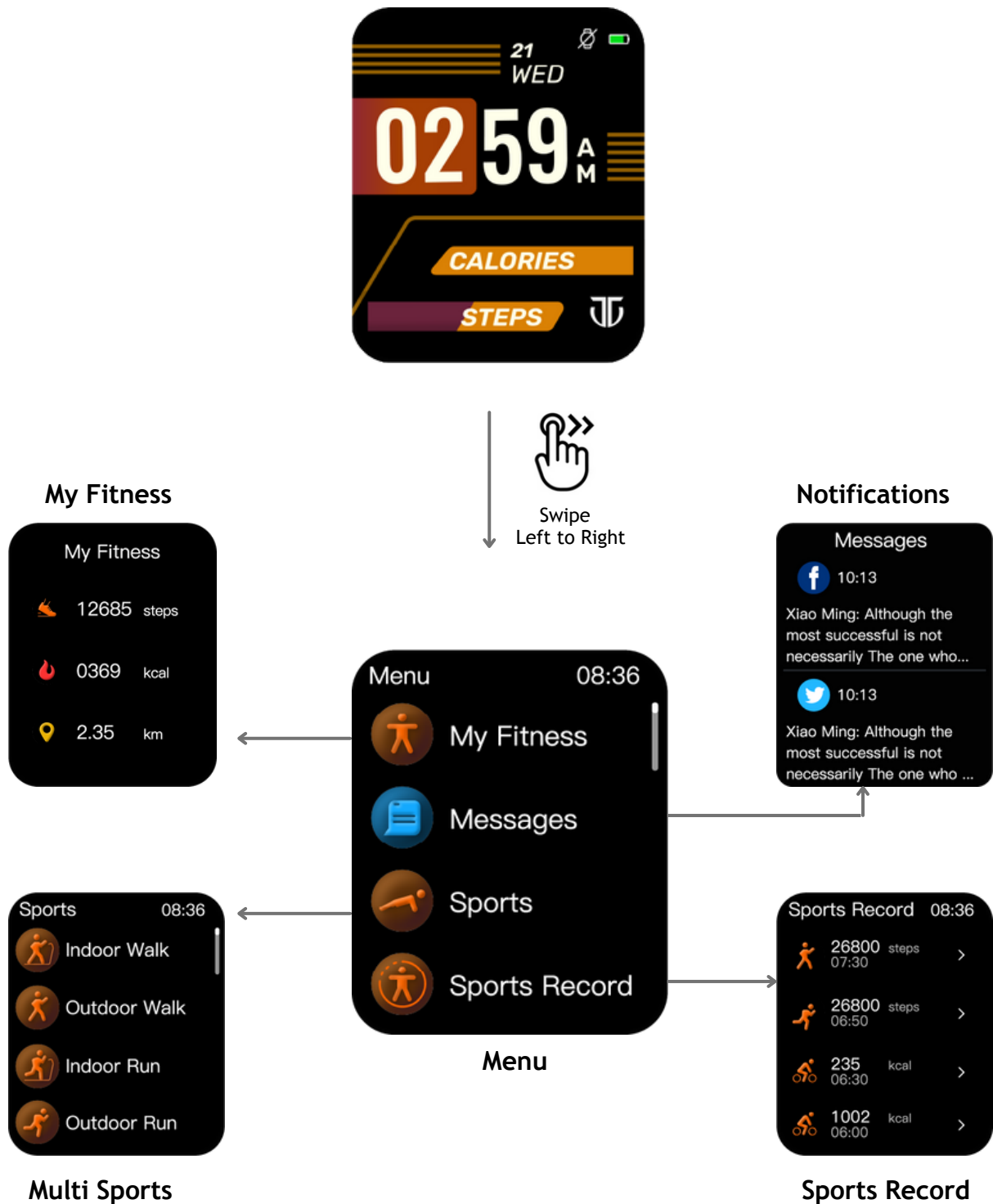
# Swipe Right to Left

Successive right to left swipes from the Home screen will lead to My Fitness, Heart Rate, Sleep and Weather screens on your Titan Smart 2 watch.



# Swipe Left to Right

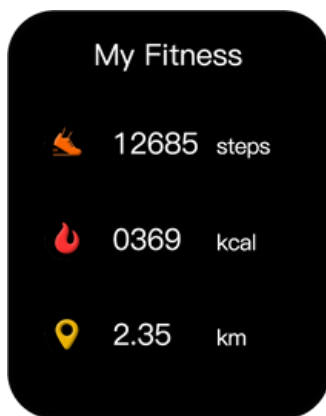
Swipe left to right from the Home screen to view the main Menu on your Titan Smart 2 watch.



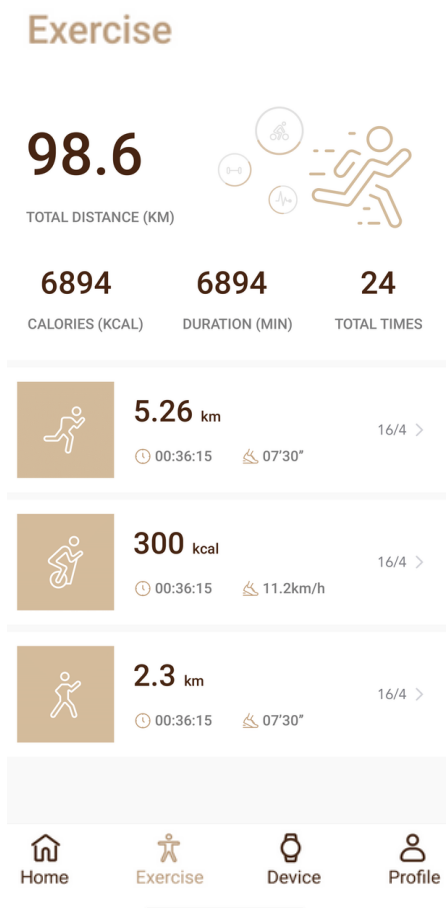
# Titan Smart 2

## Menu Option: FEATURES

### Exercise



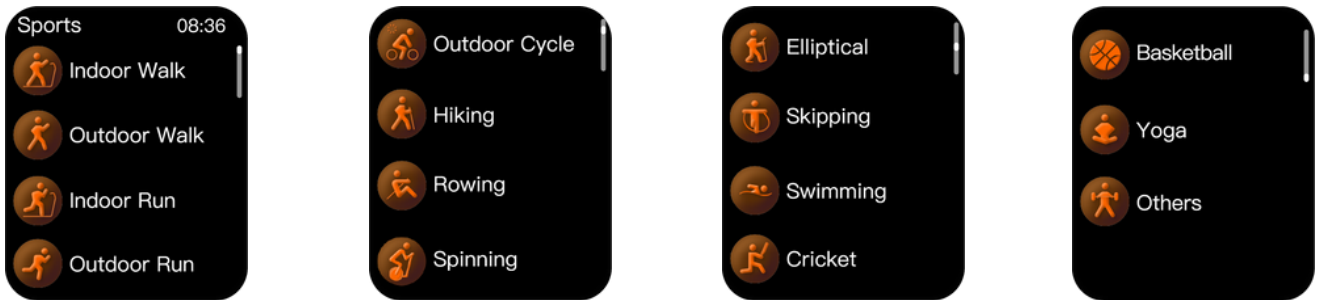
View your Steps taken, Calories burnt, and Distance covered in My Fitness



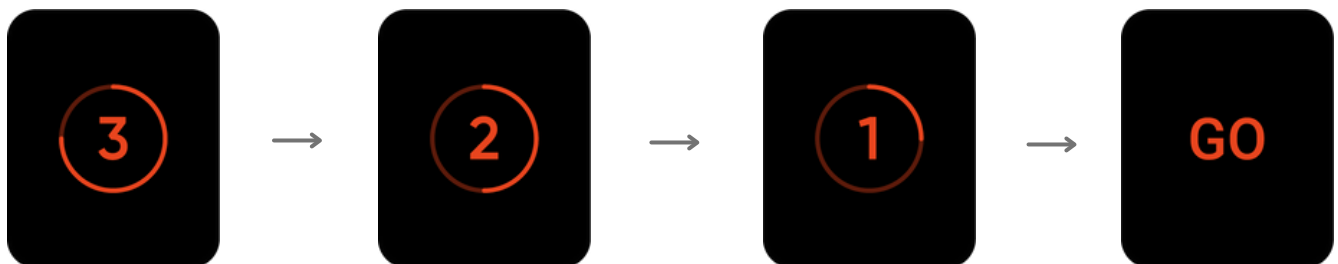
You can also access your activity data on the Titan Smart 2 App under the Exercise tab

# Sports Menu

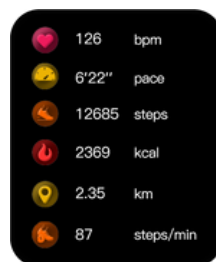
Click on the Sports option from the Menu and choose from any of the 15 multi-sports options.



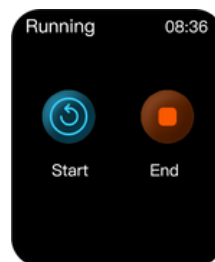
Multi Sports Menu



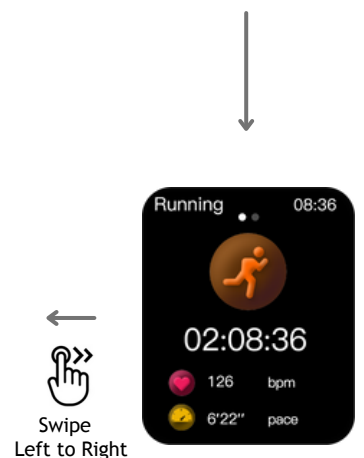
Countdown to 3 seconds



Saved Workout Data after ending Activity

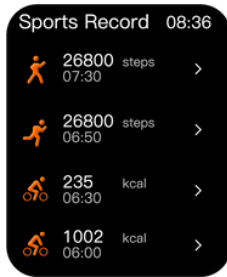


Start or End

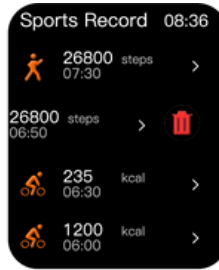


Workout Summary

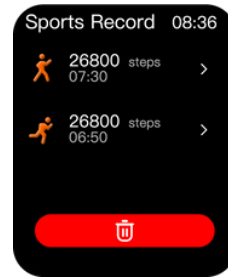
# Sports Records



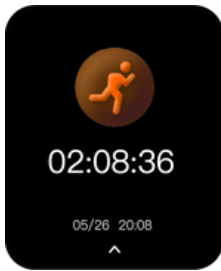
Active Sports Data



Swipe left to delete a record



Delete Workout Summary



Saved Workout Data



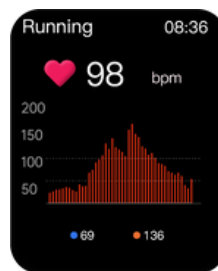
Swipe Up



Complete Workout Summary



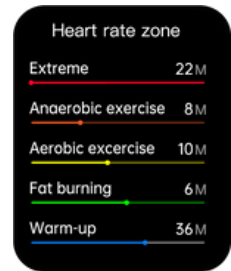
Swipe Up



Heart Rate Summary



Swipe Up



Heart Rate Zone

## Exercise

98.6

TOTAL DISTANCE (KM)



6894

CALORIES (KCAL)

6894

DURATION (MIN)

24

TOTAL TIMES

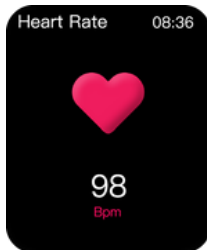
- 5.26 km 16/4 >  
00:36:15 07:30\*
- 300 kcal 16/4 >  
00:36:15 11.2km/h
- 2.3 km 16/4 >  
00:36:15 07:30\*

Home Exercise Device Profile

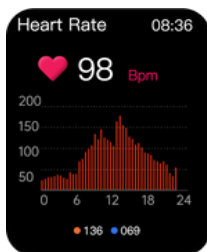
You can also access your Sports Records on the Titan Smart 2 app under the Exercise tab

# Heart Rate

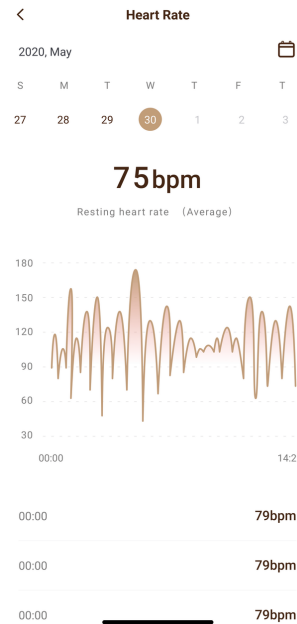
You can also access Heart Rate by successively swiping right to left from Home screen .  
Swipe down to check the Heart Rate summary for the day.



Heart Rate



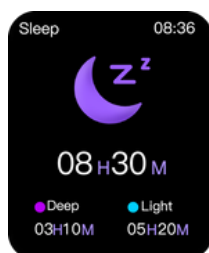
Heart Rate Summary



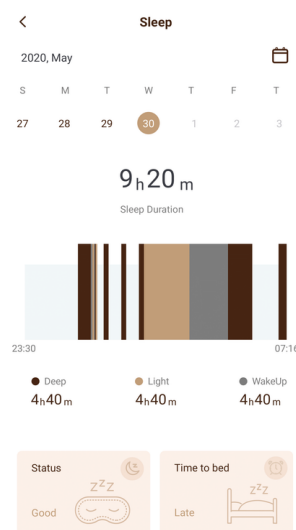
Access the Heart Rate trend for any day on the Titan Smart 2 app

# Sleep

Sleep Quality is categorized into two buckets:  
**Deep and Light**



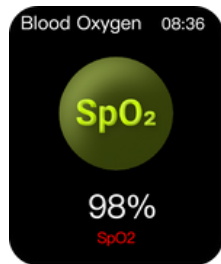
Total Sleep Time



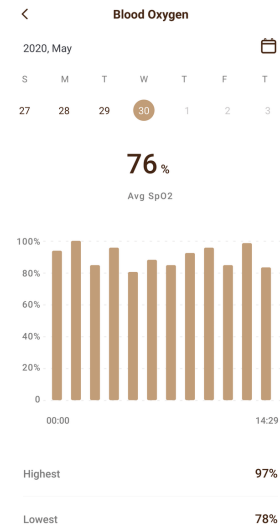
Keep track of your detailed sleep data on the Titan Smart 2 app

# SpO2

Check your oxygen saturation level with the SpO2 feature which can be found under the Menu section



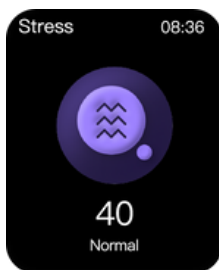
SpO2 level



Access your detailed SpO2 data on the Titan Smart 2 app

# Stress Monitor

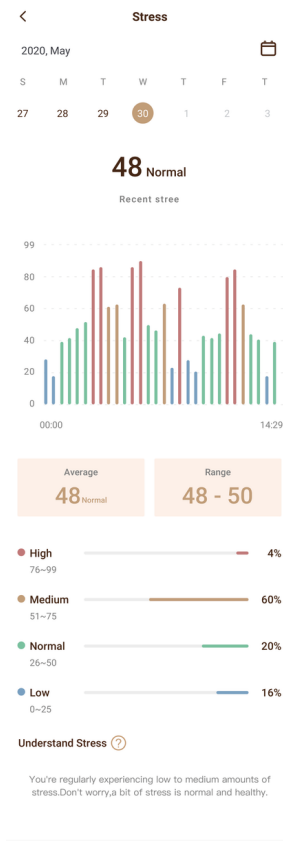
Manage your stress levels with the Stress Monitor feature.



Stress Level Result



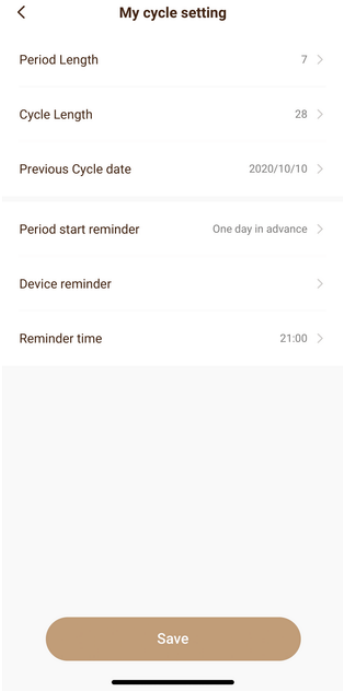
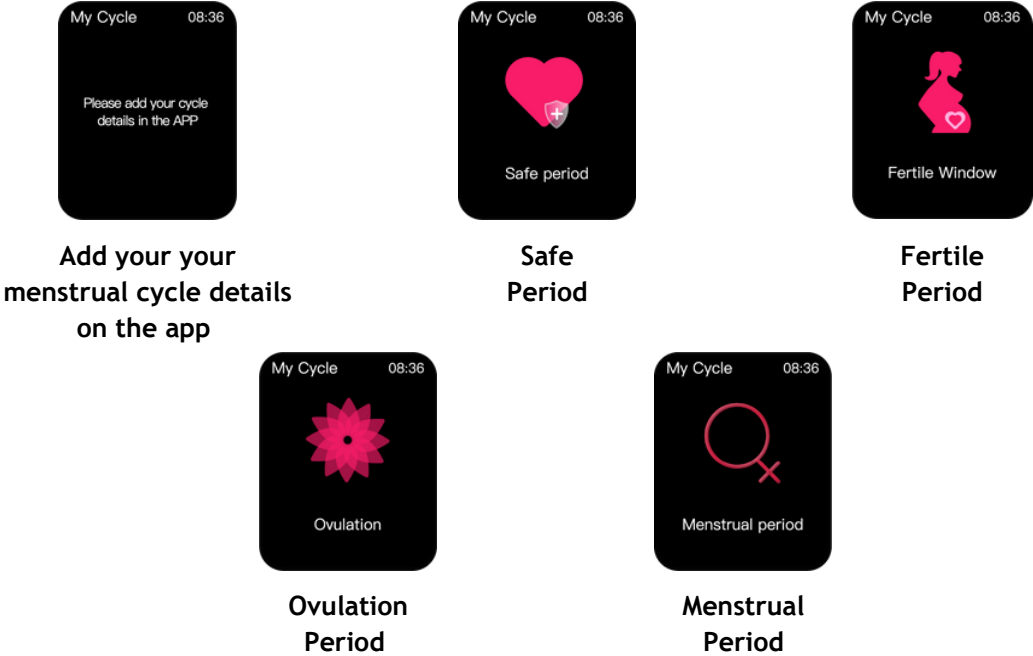
Stress Level Trend throughout the day



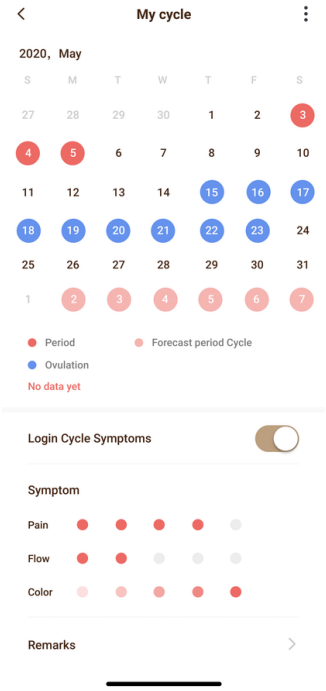
You can access the details of your stress data on the Titan Smart 2 app

# Women's Health

Our female users can track their menstrual cycle with the Women's Health feature. Tap on My Cycle from the Main menu.



Fill the details of your menstrual cycle to get accurate predictions



Get accurate predictions of your next cycle on the Titan Smart 2 app



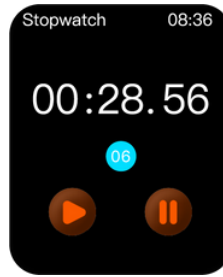
# Time Features

## Timer



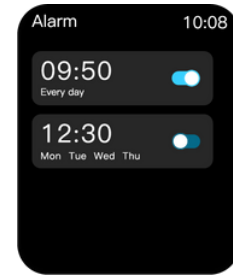
Set a Timer

## Stopwatch



Start/Stop  
the Stopwatch

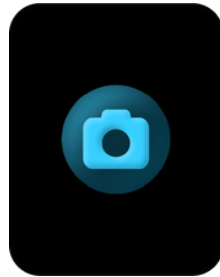
## Alarm



Get notified  
by an Alarm

# Camera

Open Camera feature from your Titan Smart 2 App. Go to Device > Camera. A camera icon will appear on your Titan Smart 2 watch. Click on the icon to click a photo.



Click a Photo

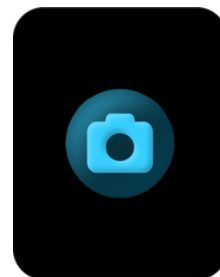
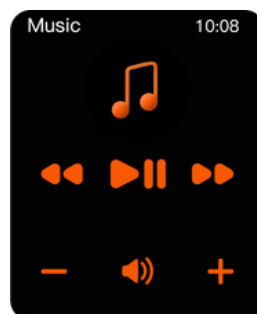


Image captured

# Music

From the main menu, select the Music feature to play/pause music.



Pause/Play Music

*Note: The music feature on your watch works with the default music app on your phone.*

# Weather

Tap on weather from the Main menu to check the current weather conditions on your watch.

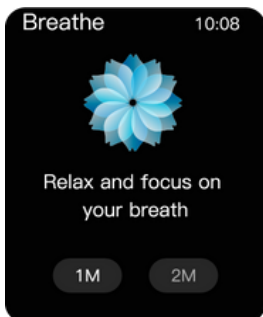


Weather info for the next three days

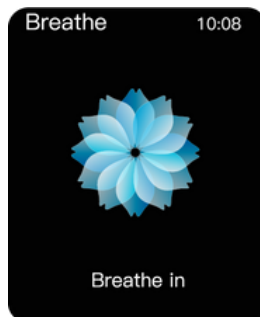
*Note: Location services and Internet connectivity is needed for accurate weather information.*

# Breathe

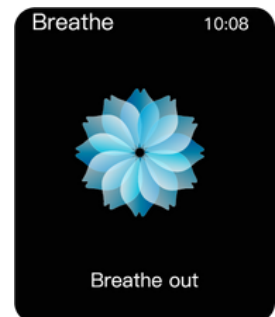
Sit back, relax and focus on your breath.



Focus on your breath



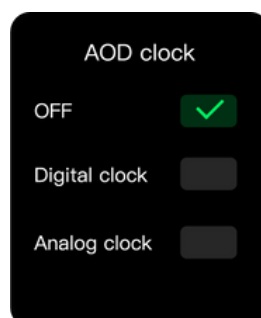
Take a deep breath



Slowly breathe out

# Always on Display

The always on display feature ensures your watch screen is always active. You can choose analog or digital mode for AOD.



# Find My Phone

Swipe down from the home screen to get to the Control Center and tap on Find My Phone option. Your phone will produce a buzzing sound.



*Note: You need an active connection between your phone and the watch to use this feature.*

# Lift to View

Lift to View feature helps you activate the watch without actually manually pressing the button.

You can increase the lift to view screen time in Settings > Display > Raise to wake in your watch.

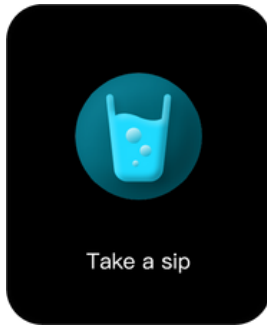
*Note: You need to enable Lift to View feature from your Titan Smart 2 app.*

*Go to Device > Lift to View.*

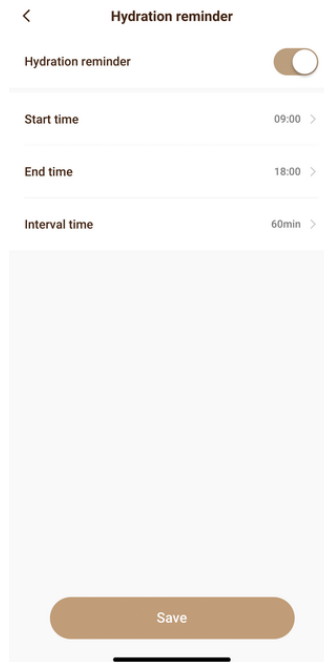
*To save battery, the lift to view screen time should remain less.*

# Hydration & Sedentary Alerts

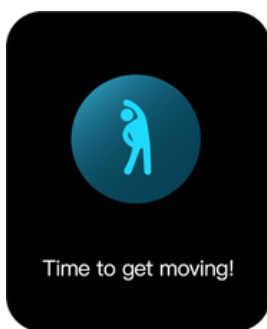
Set a time interval of your preference for Hydration and Sedentary alerts.



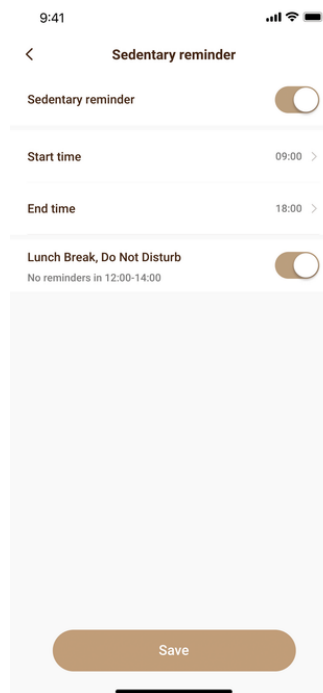
Reminder to drink water at regular intervals



Set a time interval to get a Hydration Alert

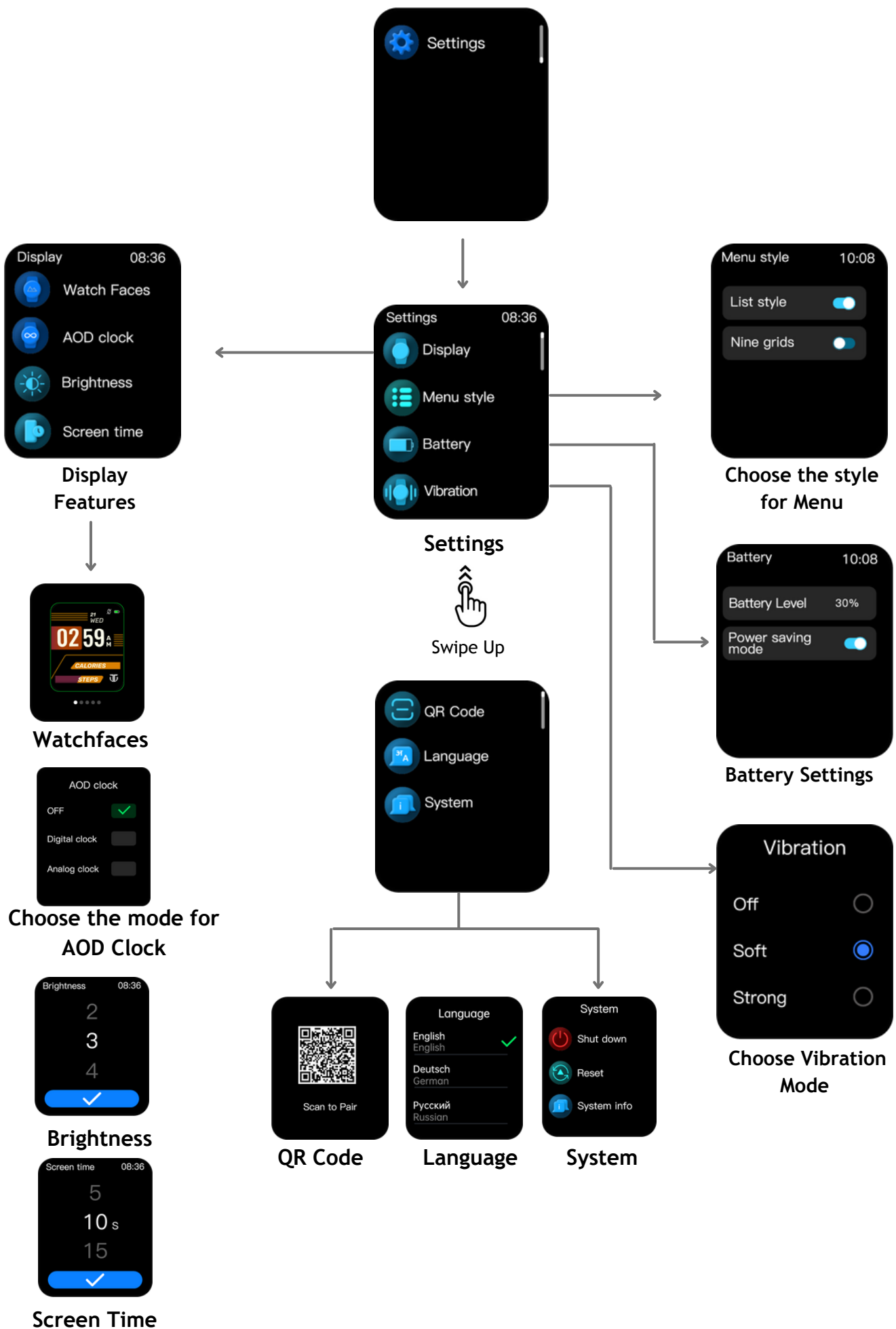


Reminder to move after a set interval



Set a time interval for Sedentary Alerts

# Watch Settings



# Device Specifications

S.NO	DESCRIPTION	TITAN SMART 2
1	Model No.	90155
2	Weight of the watch (With strap)	39.4g
3	Display Type	AMOLED
4	Display Size (inches)	1.78"
5	Pixel Density (sharpness)	326 PPI
6	Screen Resolution (pixels)	368*448
7	Thickness of Watch Head	12 mm
8	Dimensions for the Case (Watch Head)	50*42.7 mm
9	Case Material	Aluminium Case + ABS back cover
10	Band/Strap Material	Silicone
11	Mode of Operation	Touch screen + Push Button
12	Accelerometer	3 axis
13	Battery Capacity	280 mAh
14	Battery Life (Average)	Up to 7 days (With AOD only up to 24 Hrs)
15	Compatibility (Android / iOS)	Android 8.1 & above, iOS 12.1 & above
16	Bluetooth version	Version 5.1
17	Water Resistance	3ATM/30 metres

# Trouble Shooting

For common problems related to the watch, please follow the instructions below:

## Unable to Switch on the Watch

Long press the push button for 3 seconds. If it still doesn't start, please charge the watch.

## Automatic Shutdown

In case of low battery power, please charge the watch. If the problem persists, please contact our authorized dealer.

# FAQs

## Hardware related FAQs

**Q: I am unable to switch on the smartwatch. What should I do?**

**Scenario 1:** If the smartwatch is just out of the box, then you need to charge it until 100% charge is achieved.

**Scenario 2:** If you have switched off the watch from the settings option then you need to connect it to the charger to switch on the watch.

**Scenario 3:** The watch charging cable might have an issue because of which it's not charging the watch. Hence, you may need to change your charger.

After trying the above scenarios, if the issue persists, please reach out to 18002660123 or send a mail to smartdesk@titan.co.in

**Q: I have misplaced my charging cable. Where can I get that?**

A: You need to visit the nearest service center and purchase it from there. This will be based on the availability of the charger/cable at that service center.

**Q: Do I get an additional strap with the watch?**

A: No, you don't get an additional strap with the watch.

**Q: How long should I charge the watch to be 100%?**

A: Watch gets fully charged in about 90 mins.

**Q: What is the specification required for smartphones to connect with Titan Smart 2.0?**

A: Android 8.0+ and IOS 12.1+

**Q: Are the charger and strap covered under warranty?**

A: No, the charger and strap are not covered under warranty.

## Application related FAQs

**Q: Which application should I download to connect my watch to the smartphone?**

A: The application that needs to be downloaded is “Titan Smart 2”. It is available both on Google Playstore & Apple Appstore.

**Q: My smartwatch is not getting paired? How do I pair?**

A: You can easily pair your Titan Smart 2 watch by following the below process -  
Download the Titan Smart 2 App from Playstore/Appstore

### **Mobile Registration:**

#### *If first time user*

Enter your mobile number and choose a password and retype password and click on sign up.

#### *If existing user*

Enter your mobile number and type your password and click on login.

### **Permissions & Access:**

Provide necessary permissions like Phone call logs, Contacts, SMS messages, to enable various features available on the Titan Smart 2 Smartwatch.

### **Pairing:**

The next step is to pair the watch with the phone through the Titan Smart 2 app.

To do this,

Tap on the “+” button on the top right corner in the home screen app to open the camera. Provide the necessary permission of allowing the app to “Take pictures and record video”, locations access and access of media

Scan the QR code shown on the watch. In case you have paired the watch earlier and you are on the watch home screen, navigate to the “Settings” and select QR code. Other than this, you can also select the option of “Search the Watch” which will take you to a screen showing the Titan Smart 2 devices in your range. You can select your device and the pairing will start.

The next step is to create a user profile in the application. Enter the details like Name, Gender, Birthday, Height, Weight, Sleep duration target, Steps target.

The application will be ready for you to use and you will be able to experience the new journey in the Titan Smart 2.



**Q: I am unable to receive the OTP in “Forgot your Password” in the Titan Smart 2 application. What can be done?**

Please make sure that you have entered the correct and active mobile number which has already been registered in the app in the past, where you will receive the OTP via SMS. If you still do not receive the OTP, please contact the toll-free number 18002660123 or can write to us at smartdesk@titan.co.in.

**Q: I have purchased a new Titan Smart 2 watch and while I have completed my pairing with the application Titan Smart 2 App, it is asking for a Firmware Update. Is it mandatory to do so?**

A: Yes, it's mandatory to update the firmware to experience the latest version of the watch.

**Q: My Titan Smart 2 application crashes every time I open the application. What needs to be done?**

A: Kindly uninstall and reinstall the application. If the issue persists, please contact the toll-free number 18002660123 or can write to us at smartdesk@titan.co.in.

**Q: I am not located in India and my contact number comes with a different country code. How do I reset my password in the application after clicking “Forgot your Password”?**

A: Even though you are not in India, you can still reset your password in the app. Enter your mobile number and click on “Get OTP”. Enter the OTP which you receive as SMS and you'll be able to reset your password. The list of countries where you will receive the OTP is as follows: Singapore, Australia, New Zealand, Fiji, Philippines, Nepal, Bhutan, Bangladesh, Qatar, Bahrain, UAE, Kuwait, Oman and Japan.

**Q: What should be done to sync the smartwatch with the application?**

A: On opening the application on your smartphone, the smartwatch data will be automatically synced. If you find that the watch is not synced or the data on the app is not changed you can swipe from top to bottom on the main page of the app and it will automatically sync with the watch.

**Q: I am unable to adjust the brightness of my band. Please help.**

A: Brightness of the Titan Smart 2 watch can be adjusted manually. To adjust the brightness of your watch on the home screen of the watch swipe from top to bottom and you get the Brightness icon. You can just tap on that to increase or decrease the brightness accordingly.

**Q: What do I need to do to get the notifications on the smartwatch?**

A: Notification access must be provided for the Titan Smart 2 application.

On the app, click on Device from the below panel. Go to Notification Reminder and turn on the Notification toggle button. You'll be redirected to Settings in your phone. Provide access to notifications on the Titan Smart 2 application.

You can now select the apps from which you want the notifications on the watch as and when they are received.

**Q: How do I change my Watchface?**

A: There are two ways in which you will be able to change your watchface:

1. Long press on the home screen of the watch, swipe through the saved watchfaces and select your desired watchface.
2. Open the Titan Smart 2 application and go to Device > Watchface. You will get watchfaces. Select from a wide range of watchfaces.

**Q: Can I customize my watchface?**

A: Yes you will be able to customize your very own watchface under the watchface option in the application. You can also select a photo from the gallery or click a photo from your phone and customize it to select it as a watchface.

**Q: Every time I do a Multisport activity, after completion I see the watch saying "Workout was too short to be recorded". Why so?**

A: A multisport activity should be done for more than 2 mins for the watch to capture data.

Note: Some activities have higher thresholds than other activities. These activities would require a longer duration of activity to be recorded.

**Q: How to start a multisport activity?**

A: To start a multisport activity, make sure your watch is well worn on your wrist, go to the Sports option on your watch. Select the multi-sport activity you are interested in. Tap on Start and the watch will start capturing your multisport activity.

**Q: Will I be able to change song tracks while I am doing a multiport activity?**

A: Yes, you will be able to change the song tracks by swiping from right to left while you are doing a multisport. You will also be able to adjust the volume.

**Q: How to activate the Women's health tracker?**

A: The Women's health tracker would be available only for Female users. So make sure while onboarding in the Titan Smart 2 app, you register as a Female Gender.

In the registration process, you will need to enter your details.

**Q: Will I be able to check weather updates for other cities?**

A: The Titan Smart 2 watch will be able to show the weather updates of your current city only. Your current city will get detected based on the phone's actual location. You can view the weather for the current day and the next 3 days.

Note: You'll be able to view the weather for your current city location only after the location access is granted to the watch and the location is on in your phone.

**Q: Will I be able to receive calls through the Titan Smart 2 watch?**

A: The Titan Smart 2 watch will provide you with Incoming call alerts but it will only provide you with an option of rejecting the call.

**Q: How will I be able to change the screen timeout in Titan Smart?**

A: You will be able to increase or decrease the screen time out of your Titan Smart 2 in the "screen time" under the Settings > Display > Screen time option on the watch.

Note: Longer screen time would impact the watch battery.

**Q: I am unable to connect the watch straps to the watch head. Please help.**

A: There is a quick-release pin that needs to be aligned in the hole provided on the watch head lug. You need to align the pin properly between the lug holes and connect the strap to the watch head.

**Q: How can I check SpO2 on my watch?**

A: To check SpO2, you need to go to the Menu options of the watch by pressing the push button and then you need to select Blood Oxygen and then proceed for measurement. Please ensure that your wrist is still while your SpO2 is measured by the watch.

**Q: I cannot see my minimum HR reading on the graph plotted on my watch HR details screen. Why is it so?**

A: The graph plotted on your HR details screen on the watch which you can access by scrolling down in the HR details screen would depict the value for which the HR is recorded by the user. The user would be able to see the maximum and minimum HR value below the graph.

You can view the detailed plotting in the HR detailed screen on the App on the phone.

**Q: How can I change the units of measurement in my watch?**

A: You can change the units of measurement in your watch by going to Profile > Unit in your Titan Smart 2 application and setting the unit systems for weight, distance and temperature.

**Q: There is a time lag of 3 minutes from my phone on the watch? Is my watch faulty?**

A: No. Request you to please open the app once again on the phone and sync it with the watch. Once the sync is done, the time will match and will not lag again. It is required one time after the firmware has been updated.

**Q: I have taken reading for HR/ SpO2/ Stress and synced the app. My record is not showing.**

A: When you open the app, it takes a couple of seconds for the application to recognise the watch after which the connection is established. Please sync the app after a couple of seconds as it takes a little time for the HR/ SpO2/ Stress value to be recorded in the application after which when you sync the app, you'll be able to see the values and also the time at which the value has been taken.

**Q: How can I activate the Always-On-Display option for watch?**

A: Go-to Settings > Display > AOD Clock on the watch. You will find two options for the AOD option, digital and analog.

**In case major issues are being faced that are not being resolved by any of the above answers mentioned, especially concerning the hardware of the watch, like the screen blanking out or the watch not charging, request you to please issue a replacement to the customer.**

# FCC Statement

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

## **NOTE:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

# Disclaimer

## Note on the accuracy of Fitness

Fitness Watches like the Titan Smart 2 are intended to be tools to provide you with information on your lifestyle and training performance and to encourage an active and healthy lifestyle. The watch relies on sensors that track your movement, sleep, and other metrics.

The data and information provided by these devices are intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including the steps, distance, calories, etc.

P.S - Accurate user data (height, weight, gender, and age) information improves the accuracy of the algorithms that process the activity data. The Titan Smart 2 watch is not a medical device and the data should not be used for medical purposes like diagnosis, treatment, cure, or prevention of any physiological conditions.

We recommend you consult your doctor before engaging in any exercise routine.