



## Force X11 Bluetooth Calling Fitness Smartwatch - User Manual



**Important:** This Smartwatch is Not a Medical Device.

### **Requirements:**

Android 4.4 & above | iOS 9.0 & above  
Bluetooth 5.0

### **Downloading 'Da Fit' Mobile App:**

1. For downloading the App go to Playstore or App Store and search 'Da Fit'. Now, download and install the app.

OR

Type in Your Phone Browser

<http://plus.crrepa.com/app-download/dafit>

Now, download and install the app.

OR

Switch on the smartwatch, go to settings and then inside setting you will find QR code option, just click on it you will get the QR code. Now, scan the QR code from your phone, you will get a link for downloading 'Da Fit' app. Download and install the App in your smartphone.



### **Charging the Smartwatch:**

1. Turn OFF the Smartwatch before Charging.
2. Simply, hold the 2-pin connector of the USB charging cable near the 2 small round magnetic charging interfaces. The connector will get connected to the interface through the magnetic pull. It's a completely sealed system free of exposed contacts. Plug the USB end of the cable into a DC5V/1A power source.
3. When the smartwatch is fully charged, remove the watch from charging and unplug the USB charging cable from the power source.



**Note:** You can directly check the charging by pressing the crown-like button on the right side of the dial. Pressing once will show the charging status on the display.

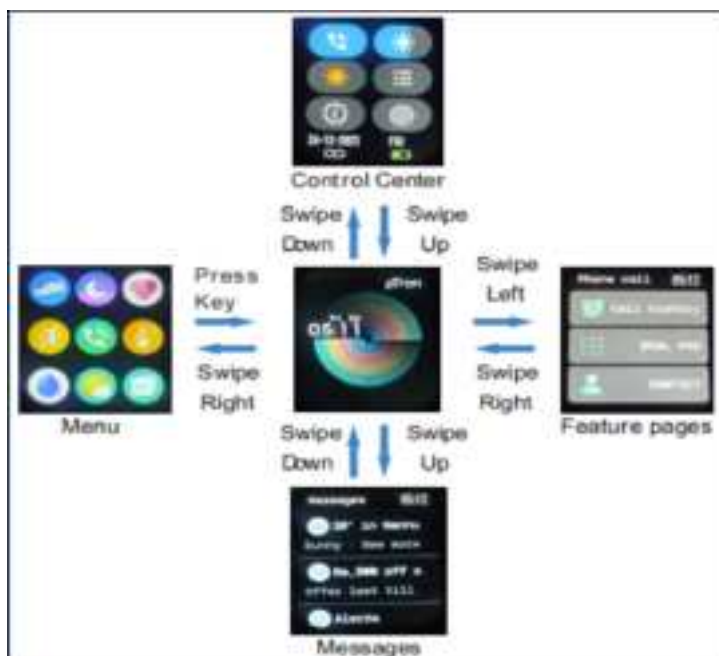
### **Audio Connectivity:**

1. Awake the smartwatch display by pressing the crown-like button on the right side of the dial.
2. Touch the screen and slide the display towards left.
3. You will get a call menu image with turn on option at the bottom of the image.
4. Click on TURN ON.
5. Now, open the Bluetooth function on your smartphone.
6. Search for "pTron Audio" in the available Bluetooth devices list.
7. Click and connect with "pTron Audio".
8. Now, the smartwatch is connected with the mobile for calling purpose.

### **Pairing:**

1. After mobile App installation, open the App and set up your profile.
2. At the bottom menu, you will see a smartwatch icon, click on it.
3. Click on "Add a device" & then select your smartwatch.
4. In this way your smartwatch will get paired with your smartphone.

### **Full Touch Control Display:**



### **Phone Calls:**

1. After connecting the smartwatch with the phone, you can use the smartwatch to dial and to control the phone calls - making & answering calls. You can also manage the call volume through the smartwatch.
2. You can also view the call history in the watch.
3. You can save up to 8 contacts in the smartwatch through the mobile App.
  - a) Open the mobile App, go to smartwatch option & then go to Favorite contacts and there you can select 8 contacts in the address book and display their shortcuts in the smartwatch.

### **Music Player:**

1. After connecting the smartwatch with a smartphone, you can remote control the music player on your phone through the smartwatch.
2. You will get Play/Pause/Next Song/Previous Song options on the display.

### **Steps:**

Smartwatch automatically tracks the steps and can be seen in the watch. Need to wear the smartwatch properly to get the real data.

**Note:** At midnight the data or the movement stats will get zero automatically.

### **Sleep:**

Wear the smartwatch properly before sleeping, then it will provide the data of hours slept and the quality of sleep stats in the mobile App and in the smartwatch.

**Note:** Sleep stats will get zero at 8 PM automatically.

### **HR (Heart Rate):**

1. The Smartwatch can record your heart rate all the day.
2. You could also tap on the HR function page to start measuring heart rate. The optical sensor at the backside of the dial will start flashing green light.

**Note:** This smartwatch is not a medical device.

### **BP:**

1. Tap on the Blood Pressure function page to start measuring your blood pressure. The optical sensor at the backside of the dial will start flashing green light.
2. On the Blood Pressure page, you can view the blood pressure measurement data of the last times.

**Note:** This smartwatch is not a medical device.

### **SPO2:**

1. Tap on the SPO2 function page to start measuring your SPO2.
2. On the SPO2 page, you can view the SPO2 measured data of the last time.

**Note:** This smartwatch is not a medical device.

### **Weather:**

On the Weather function Page, you we can view the current temperature.

### **Exercise:**

1. Tap on this icon in the menu, you will find 8 exercises - Walking, Running, Cycling, Skipping, Badminton, Basketball, Football & Swimming.
2. You can select any of the 1 exercises and the stats will be monitored on the watch.

### **Remote Capture:**

Turn your wrist or Click to shutter.

**Note:** This feature allows you to control your phone's camera shutter through BT.

### **Reminders:**

1. **To Move:** Can be activated and its valid time is from 10:00 - 22:00. This function will remind you to move/relax after 1 hour of sitting by vibrating.
2. **To Drink Water:** Can be activated and can set time intervals & duration as per our requirement.

**Note:** You can turn on/off these features via App.

### **Clock:**

1. Alarm - Can set 3 alarms.
2. Time Format - Can change the time format in 12 hour or 24 hour format.
3. Countdown - Have countdown for 1, 3, 5, 10, 30 minutes and 1 & 2 hour.
4. Stopwatch - This can be used as like a timer.

### **Other Features:**

1. BRIGHTNESS - Can adjust (increase or decrease) the Brightness level.
2. FOCUS BREATHING/Meditative Breathing - Can check the Inhale & Exhale by doing the following steps in 8 times.
3. THEATRE MODE - After activating theatre mode, smartwatch will turn off the vibration & turn down the brightness.
4. TORCH - While switching it ON, the watch display will get turned on, which provides some light in a dark place.
5. DISTURB - Turn ON to stop getting notifications.
6. LANGUAGE - Can change the language of the smartwatch through App with the connected device.
7. FIND DEVICE - Can click on this with the connected device in the App and the smartwatch will start vibrating.
8. QUICK VIEW - Just turn the wrist and the screen will appear.
9. DIAL SWITCH - From this you can select any of the wallpaper for the smartwatch screen.
10. WATCH FACES - From the app you can select the wallpaper or you can also select any of the pictures from the gallery of the connected device to set as a wallpaper in the smartwatch.

**Important:**

1. This smartwatch is NOT a Medical Device.
2. During swimming adhere to IP68 waterproof protocol.
3. Please connect the band when synchronizing data.
4. Use the 5V USB charging adapter only.
5. Do not expose the band in high moisture or extreme high temperatures or dry/liquid chemicals.
6. When the APP crashes or reboots, please check the phone memory, clear it and try again, or exit the app to reopen it.
7. Strap is not covered in manufacturer warranty.
8. Manufacturer/brand owner reserves the right to modify the content of this user manual without prior notification. Some functions are different in the various software versions, which is normal.

**Disclaimer:**

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